



## Local Public Transportation Guide

Public transportation offers older adults an affordable and accessible way to travel while promoting independence. Navigating the system with confidence can be easier by planning ahead, knowing available resources, and utilizing accessibility features. Each county in Keiro's service areas (Los Angeles, Orange, and Ventura) has different transit options, fare systems, and programs for older adults.

### Los Angeles County Public Transportation

The [Los Angeles County Metropolitan Transportation Authority \(metro.net\)](https://metro.net), also known as Metro, connects the county through a system of buses, rail, and shuttles.

#### Using Metro Services

- A TAP Card allows you to pay for transit fares instead of using tickets or cash.
- Reduced Fare TAP Cards are available for seniors 62 years and older, Medicare recipients, and customers with a disability. Learn more regarding cost, how to apply, and how to pay at [metro.net/riding/fares/seniors/](https://metro.net/riding/fares/seniors/)
- For a list of ways to buy and reload TAP cards see: [taptogo.net/TAPPurchase](https://taptogo.net/TAPPurchase)
- Learn how to ride bus & rail with this video: [youtube.com/watch?v=u-5ldQmdAu4](https://youtube.com/watch?v=u-5ldQmdAu4)

#### On the Move Riders Program (OTMRP)

- This program empowers older adults with the information and confidence to travel on fixed-routes by providing one-on-one and/or group travel training, informational transit tours, and travel training workshops.
- Learn about the program, their existing clubs, and more on their website: [metro.net/onthemove](https://metro.net/onthemove)
- The program can also be reached by calling 213.922.2002 or by emailing [onthemove@metro.net](mailto:onthemove@metro.net)

#### Senior and Disabled Transportation Services

- Public Works provides transportation services for eligible seniors and disabled residents of the unincorporated areas of Los Angeles County. For more on these services, visit [pw.lacounty.gov/transit/DAR.aspx](https://pw.lacounty.gov/transit/DAR.aspx)



### Metro Micro

- Metro Micro is a public on-demand rideshare shuttle service that allows riders increased flexibility and range of transportation.
- The service is available within select neighborhoods in the county.
- For service zones, fares, and frequently asked questions, visit [metro.net/micro](https://metro.net/micro)

## **Orange County Public Transportation**

Public transportation in Orange County is run by the [Orange County Transportation Authority \(OCTA\) \(octa.net\)](https://octa.net) and consists of buses and rail.

### Using OCTA Services

- You can currently pay for [OC Bus](#) with cash or contactless credit or debit card, however in October 2025, OCTA will launch [Wave](#), a new contactless fare payment system for OC Bus and their upcoming [OC Streetcar](#).
- Reduced Fare ID cards are available for adults 60 years and older or disabled riders. For information on how to apply in person, online, or by mail can be found at [octa.net/getting-around/bus/oc-bus/fares-and-passes/reduced-fare-id/](https://octa.net/getting-around/bus/oc-bus/fares-and-passes/reduced-fare-id/) or by contacting 714.560.5596.

### Orange County Senior Transit Programs

- The OCTA has three transit programs to help older adults navigate the county affordably: Senior Mobility Program, Senior Non-emergency Medical Transportation Program (SNEMT), and Fare Stabilization. To explore the programs, visit [octa.net/programs-projects/programs/senior-transit-programs/overview/](https://octa.net/programs-projects/programs/senior-transit-programs/overview/).

## **Ventura County Public Transportation**

[The Ventura County Transportation Commission \(VCTC\) \(goventura.org\)](https://goventura.org) operates multiple intercity commuter bus routes throughout Ventura County, as well as to Santa Barbara and Warner Center. These regional buses include: VCTC Intercity, Camarillo Area Transit, Gold Coast Transit District, Moorpark City Transit, Ojai Trolley, Simi Valley Transit, Thousand Oaks Transit, and Valley Express.

### Using VCTC Buses

- All regional bus rides can be paid for with cash (change will not be given) or [VCbuspass \(goventura.org/vcbuspass\)](https://goventura.org/vcbuspass), the new contactless regional transit pass.



- To plan your trip, see routes and schedules, and read service alerts, visit [goventura.org/vctc-transit/local-bus/](https://goventura.org/vctc-transit/local-bus/)
- For more information on riding basics for VCTC Bus, visit [goventura.org/vctc-transit/riding-vctc/](https://goventura.org/vctc-transit/riding-vctc/)

## Inter-County Public Transportation

### Metrolink

- Metrolink is a commuter rail system that connects six Southern California counties: Los Angeles, Orange, Ventura, Riverside, and San Bernardino.
- Adults ages 65 and over, in addition to riders with disabilities and Medicare recipients, are eligible for discounts on Metrolink passes. For more information, on everyday discounts, see [metrolinktrains.com/ticketsOverview/discounts/everyday-discounts/](https://metrolinktrains.com/ticketsOverview/discounts/everyday-discounts/).
- Learn more about tickets, schedules, and more on Metrolink's website at [metrolinktrains.com](https://metrolinktrains.com)