



Natural Disaster Planning

Catastrophic events can happen at any time and sometimes with little notice. Use this resource to help you put your thoughts and plans down. Upon completion, keep this handout in a safe place and share your plans with the appropriate parties, especially your personal contacts listed below.

Your Name:

Three Personal Contacts (Two Local & One Out of State):

1. Contact 1 - Name and Relationship:

Phone Number:

2. Contact 2 - Name and Relationship:

Phone Number:

3. Contact 3 - Name and Relationship:

Phone Number:

Three Important Contacts:

1. Local Police Department Phone Number:

2. Local Fire Department Phone Number:

3. Primary Care Provider Phone Number:

Founded in 1961, Keiro improves the quality of life for older adults and their caregivers in the Japanese American community of Los Angeles, Orange, and Ventura counties. For more information, visit keiro.org.

Six Steps for Preparedness

1. Setup a place to meet:

- If I need to evacuate, I plan to go to (address or name of location):

- _____
- When I evacuate, these are my top three options for ground transportation (i.e. major freeways, side streets, etc.):

- _____

2. Get connected:

- If an emergency takes place, I will need to be in contact with which contact above (Circle all that apply)?
- Contact 1 Contact 2 Contact 3

3. Be informed:

- To get the latest updates on emergency information, I will rely on the following resources:

- _____

4. Know the plan:

- Once I complete these plans, I will display them (identify a location in your home):

- _____

5. Know where your important documents are:

- My important documents and disaster supplies are stored:

- _____

6. Share your plans:

- Once I complete these plans, I will share them with:

- _____

This plan was made on: _____

This plan will need to be updated again on (every 6 months): _____

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