

## PALLIATIVE CARE & HOSPICE

Palliative care and hospice address the needs of patients with advanced illness, with a focus on relieving pain and symptoms as well as improving quality of life — but they are not the same.



### Palliative Care

Palliative care is appropriate at any stage of a serious illness, including from the time of diagnosis, and can be provided alongside curative treatment.

- Care management & coordination
- Medication management



### Both

*Services can include:*

- Pain & symptom management
- Advance care planning
- Psychosocial & spiritual support
- Individual & family supportive counseling
- Can be provided in hospitals, residential facilities & at home



### Hospice

Hospice is for those who have a prognosis of less than six months to live and are not pursuing curative treatment. The focus is on making the patient's life as comfortable as possible for the time that is left.

- Medication & medical supplies
- Bereavement services

