



Three Levels of Home Modification - Action Planner

Use this action planner to identify areas in the home to make modifications for independence and autonomy.

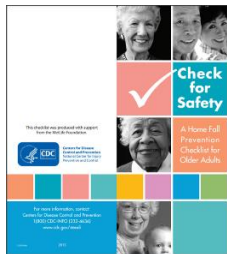
Three Levels: Declutter (D)/Accessory (A)/Remodel (R)*

Three Levels of Home Modification - Action Planner				
Area	To Do	Level *(D/A/R)	When	Done
Entrance				
Floors				
Stairs				
Kitchen				
Bedroom				
Bathroom				

Action Planner Example:

Three Levels of Home Modification - Action Planner				
Area	To Do	Level *(D/A/R)	When	Done
Entrance	Organize Shoes	Declutter	October	✓
Floors	Remove Rug	Declutter	October	✓
Stairs	Add Grab Bar	Remodel	December	✓
Kitchen	Organize by Zone	Declutter	October	✓
Bedroom	Night Light	Accessory	March	
Bathroom	Grab Bar	Remodel	May	

Additional Resources



[Home Fall Prevention Checklist for Older Adults](#)
by CDC



[Home Fit Guide](#)
by AARP

Keiro Resources

- [Keiro Resource Directory](#)
- [Fall Prevention Factsheet](#)
- [Respite Care Factsheet](#)
- [Decluttering Factsheet](#)

Founded in 1961, Keiro improves the quality of life for older adults and their caregivers in the Japanese American community of Los Angeles, Orange, and Ventura counties. For more information, visit keiro.org.