



## **Emergency Preparedness Considerations for Those with Alzheimer's Disease or Dementia**

For individuals with Alzheimer's disease or dementia, there are additional items you may consider adding to your go-bag or stay-box.

Go-bag and stay-box items for individuals with Alzheimer's disease or other dementias should consider:

- ☐ Incontinence supplies, wipes, and lotion
- ☐ Something comfortable and familiar the person can hold onto, such as a pillow
- ☐ Recent photos of the individual (to provide to first responders in the event of a wandering event)
- ☐ Foods that are high in macronutrients such as carbohydrates, proteins, and fats

Furthermore, you should consider using different technology to deter the individual from wandering and track them in the event they wander. These devices include:

- ☐ GPS tracking watches
- ☐ Door alarms
- ☐ Security cameras (like Ring or Wyze cameras)
- ☐ Confounding door locks
- ☐ Motion sensor lights
- ☐ Medical ID (like MedicAlert)
  - The MedicAlert® + Alzheimer's Association Safe Return® Program Is a 24-hour nationwide emergency response service for Individuals who may wander or be reported missing. Learn more at <https://www.medicalert.org/medical-conditions/alzheimers>

### **Sources**

Disaster Preparedness for Alzheimer's Caregivers. (2017, May 17). Retrieved July 16, 2019, from <https://www.nia.nih.gov/health/disaster-preparedness-alzheimers-caregivers>

World Health Organization, United Nations High Commissioner for Refugees, United Nations Children's Fund, & World Food Program. (2004). Food and Nutrition Needs in Emergencies. Retrieved July 16, 2019, from <https://apps.who.int/iris/bitstream/handle/10665/68660/a83743.pdf?ua=1>