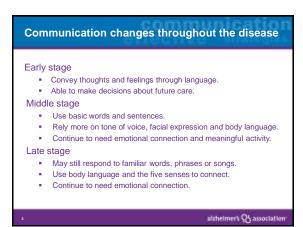
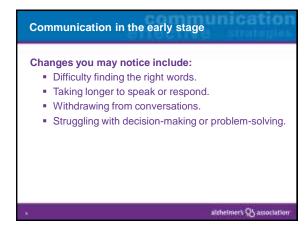




algheimer's Q5 association





















# Communication in the middle stage To connect, keep it slow and specific. • Use short sentences and basic words. • Speak more slowly and clearly, one person and one question at a time. • Limit distractions. • Keep it clear and be patient. • Offer a guess or fill in words if acceptable.



### To connect, respond empathically and reassure. ■ Join the person's reality. ■ Provide reassurance that you hear and understand. ■ Focus on the feelings, not the facts. ■ Validate and redirect the person if necessary.







#### Connect through sight. Laminate pictures of things that were interesting to the person to look at together. Watch videos of animals, nature or travel. Look at photo albums together. View photos of famous paintings, favorite settings or prominent people from the past. Go bird-watching or visit an aquarium. Paint with watercolors.

Go outdoors or sit by an open window together.

algheimer's Q5 association

### Connect through sound. Listen to familiar music. Listen to recordings of the sounds of nature, farms, cities, or animals. Identify musical instruments by sound. Listen to songs or speech in the person's native language. Read books, poetry, scripture, or newspaper articles to the person. Let the person hear the gentle tone of your voice.

algheimer's Q5 association

## Connect through smell. Make small plastic bags containing items for the person to smell, such as: Herbs or spices. Cotton balls dipped in essential oils. Grass clippings. Fragrant flowers. Teas or coffee beans. Use fragrant lotions for hand massages. Cook or feed the person foods that smell good, such as apple pie or chicken soup.



