



Alzheimer's Los Angeles Resources:

Tip Sheets for Caregivers

- Caring for a person with Alzheimer's or another dementia is challenging and changes regularly. Click below for tip sheets for caregivers from Alzheimer's LA.
- [Alzheimer's Los Angeles Caregiver Tip Sheets](#)
- [Compassionate Communication Tips Handout](#)

Virtual Support Groups

- [Alzheimer's Los Angeles Support groups page](#)

Dementia Friends:

- Please visit the [Dementia Friends website](#) to learn more about the program, become a Dementia Friend online, or find/request an upcoming live session

The Faces of Caregiving Video Series

- The Faces of Caregiving is an educational series to help raise awareness of Alzheimer's and other dementias by showcasing the personal stories of five unique Japanese and Japanese-American caregivers.
- [Link to Faces of Caregiving website with videos](#)

For support and information, contact Alzheimer's Los Angeles:

Helpline: 844.HELP.ALZ or **844.435.7259**

Email: help@alzla.org

Website: www.AlzheimersLA.org

Alzheimer's Orange County Resources:

Helpline: 844.373-4400

Website: www.alzoc.org

UCLA Health Resources:

Caregiver Training Videos:

- [UCLA Alzheimer's and Dementia Care Video Series](#)

Keiro Resources:

Iyashi Care

- Keiro's palliative care program in partnership with Providence, Iyashi Care offers free consultation services and bilingual support for both patients and their families

Founded in 1961, Keiro improves the quality of life for older adults and their caregivers in the Japanese American community of Los Angeles, Orange, and Ventura counties. The Alzheimer's Conference is FREE to the community and is made possible by Keiro in partnership with Alzheimer's Los Angeles along with support from The Aratani Foundation, our community partners, sponsors, donors, and volunteers.



utilizing a team of health care professionals focusing on quality of life while treatment is received

- [Iyashi Care website](#)

For additional questions or support with Iyashi Care from Keiro:

Phone: **213.873.5791**

Email: programs@keiro.org

Website: www.keiro.org/what-we-do/iyashi-care