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Happy New Year and Welcome to Keiro Connect: 60th Anniversary Edition!

This year marks Keiro’s 60th anniversary, our 60th year. Keiro is a celebration of being reborn and starting a new cycle of life, while celebrating all of our accomplishments over the past six decades.

When we reflect back on Keiro’s history—dating back to 1961 when a group of eight community leaders had the foresight and shared vision to address the needs of an aging community—we think about how Our Community has changed and how Keiro’s care for older adults has evolved alongside that. However, our purpose and reason for existing remain the same.

60 years ago, our founders were ahead of their time starting with the Japanese Hospital. After establishing one of the largest culturally-sensitive skilled nursing facilities, Keiro continued to expand its facility-based care. Keiro was also on the forefront of wellness and health promotion and community-based services, as the vast majority increasingly preferred to age in the community.

Today, Keiro finds itself continuing to make progress in the service of older adults and their caregivers, wherever they call home. Keiro has moved into grantmaking and partnerships, a community-wide focus on reducing social isolation, and the establishment of the first palliative care program for Japanese Americans and Japanese in the United States. Caring for older adults looks different today, but still follows the same bold tone and example set by our founders.

But we have never been able to do this work alone. The community has always been a pivotal part of our legacy—because it takes a community to care for older adults. Every one of us has played a vital role in Keiro’s 60 years of serving older adults and their caregivers. Together with your help, we will honor our past while writing the next chapter of what aging means in Our Community.

Lynn Miyamoto, Esq., Board Chair
Doug Ashara
Ernest Doizaki
Sharon Fong
Kimiko Fujita
Gerald Fukai
Michelle Hirano

Gene S. Kanamori, President & CEO

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Julie Naito
Mark Nakabayashi
John Nakaki
Michelle Ohs
Lauren Yoshiyama

In this edition, our leaders have shared their thoughts on how we have evolved over the past six decades and how we can continue to serve our community.

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What it Means to Heal: Dr. Glen Komatsu’s Journey with the Iyashi Care Program

Dr. Glen Komatsu is a nationally-renowned physician and innovator within the palliative care field—who also introduces himself as a Sansei and the son of a farmer, as important aspects of his identity. In 2017, Dr. Komatsu approached Keiro with a seed of an idea: A partnership which would provide culturally-sensitive palliative care to older adults within the Japanese American and Japanese community. From this seed sprouted Iyashi Care, named after the Japanese word that means “to heal.”

Palliative care is a specialty of medicine where a team of professionals—including doctors, nurses, social workers, and chaplains—collectively supports a patient with a serious illness and their families. “The care is provided in addition to your regular doctors, and it provides an extra layer of support to try and relieve the stress of chronic or terminal illness,” Dr. Komatsu explained. He works for Providence, a health system with a long-standing commitment to building excellent palliative care programs.

Over time, the program has grown. According to Dr. Komatsu, an early barrier was confusion over whether palliative care was the same as hospice care. Palliative care can support patients at any stage of their illness—as early as the first diagnosis—and can provide support while patients seek curative treatment. Hospice care is a Medicare-defined benefit which provides palliative care in the last six months of their life, when patients cannot be cured. He explained, “Whole Person Care is something that all patients should receive. But people focus only on cures and aggressive treatment rather than realistic goals and quality of life—which contributes to their pain and suffering. When people experience palliative care support, they and their families feel incredible relief and support.”

Letting Palliative Care Take Root

Dr. Komatsu looks back on when Iyashi Care first started in 2017, recalling, “Palliative care only became a specialty of medicine in 2006. People don’t know what it is, and there’s no other existing comparable program. This is going to take time.”

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Dr. Komatsu looks forward to seeing the program continue to flourish and grow in future years to help more in the community. “I don’t foresee any other organization or any other groups with the resources and exposure to serve the Japanese and Japanese American community like Iyashi Care does. Our population is aging and the need for Iyashi Care will only grow,” he mused. “My hope is that it will continue indefinitely, to serve this community.”

Dr. Komatsu looks back on when Iyashi Care first started in 2017, recalling, “Palliative care only became a specialty of medicine in 2006. People don’t know what it is, and there’s no other existing comparable program. This is going to take time.”

When asked about one thing he wanted the community to know about Iyashi Care, he shared, “I’d like them to give us a chance to help them and earn their trust. When you offer services that are free, people are naturally suspicious. So, I would ask the community to give us the chance to help.”

For the full article, please visit keiro.org/news
PATIENT STORY: 
Iyashi Care’s 
Caregiving Support

Evelyn Chikahisa and Tracey Doi are wife and daughter, respectively, to the late Ray Chikahisa, who passed away at age 93 in October of 2020. Evelyn and Tracey had been caregivers to Ray and enrolled him in Iyashi Care after a serious fall and brain injury in June of 2019. Recently, Evelyn and Tracey met virtually with Keiro to share how the program supported them as they worked to enhance Ray’s quality of life despite difficult conditions.

Reassurance During Uncertain Times

About six months after Ray’s fall, Tracey and Evelyn decided to enroll him in Iyashi Care. “We found a need for more information to support our decisions,” Evelyn said. “It’s not easy to watch the changes that can occur, and so the more support you have, the more helpful it is.”

One of the effects of Ray’s fall was that he experienced increasing confusion. Tracey explained, “We weren’t sure what was typical, or what signs we should be looking for when things were getting to be more serious. There were also a lot of adjustments for medications that we were trying to seek assistance on.” The two found support and validation from the Iyashi Care team, who not only became involved in coordinating Ray’s medications, but who also spoke regularly with Tracey and Evelyn about the assistance they were providing as family caregivers.

Evelyn said, “I think the key was being able to talk to professionals who could give us guidance in terms of how one might respond to the confusion he was experiencing. It’s nice to have someone reassure you that you’re doing the best that you can.”

Tracey added that she felt supported in other caregiving areas as well. “Simple things like providing ideas for a menu that Dad might enjoy, or combining some ice cream with medicine to make it more palatable—I think that all helped,” she said.

The Importance of Accessibility

For a patient with a chronic or terminal condition, easy access to care can make a world of difference. In a pandemic, the importance of accessibility is made even more prominent. Tracey and Evelyn attested to this, having supported Ray through the pandemic transitions in March of 2020. Evelyn recalled, “With the pandemic, resources that previously had been available were much more restricted. It was so helpful that we had easy access to Iyashi Care with just a phone call.” She said the family could contact any of the Iyashi Care team members if the need, no matter how small, arose.

“I think we need to overcome the mindset that it’s embarrassing to ask for help. Because an exhausted caregiver is not as helpful to the patient and may risk the health of the caregiver.”

- EVELYN

“Pandemic or not,” Evelyn added, “I think when a patient is no longer very mobile, getting out of the house is a huge challenge. The team had suggestions to help with mobility, including getting out of the house and transferring to and from the car. It’s hard to even describe how helpful those tips were.”

Three Things, From Two Caregivers to Another

As a palliative care program, Iyashi Care takes a whole-person approach to supporting patients, which includes making sure their caregivers and loved ones feel supported. Having experienced this support firsthand, Evelyn and Tracey shared three things they would want to say to other caregivers about Iyashi Care:

1. “Your loved one has a primary physician, specialists they might see, and in addition they can have Iyashi Care, to provide comfort and support, and help the family to connect the dots. I think that is just so key.” - Evelyn

2. “Perhaps there’s a perception that since the consultations are complimentary, the quality of care may not be there. That is so far from the truth! We were really blessed with a fabulous team, whether it be a phone call or an email, or follow-up calls to us to double check everything was going well. The tie-in with Providence is very strong and the highest of quality.” - Tracey

3. “I think it’s important that you know about Iyashi Care before you need it. The patient and family will benefit from Iyashi Care’s many services. I think we need to overcome the mindset that it’s embarrassing to ask for help. Because an exhausted caregiver is not as helpful to the patient and may risk the health of the caregiver.” - Evelyn

At the end of the discussion, Tracey added, “I just really hope this conversation helps compel other families to feel comfortable in reaching out for assistance when they need it. And I want to thank the whole team, because they did a phenomenal job and made it a lot easier for Mom and our family.”

After thoughtful discussions with the Iyashi Care team, Evelyn made the difficult yet compassionate decision to enroll Ray into hospice to increase the level of services and support for his last month of life. Because of the partnership between Iyashi Care and Providence, a seamless transition to Providence TrinityCare Hospice was made the same day the family made the decision. Iyashi Care physician Dr. Glen Komatsu continued to supervise Ray’s care under hospice. Hospice care, as an extension of palliative care, helps people have the best quality of life for as long as possible through the last chapter of their lives. Hospice helped keep Ray calm and comfortable, supported Evelyn and Tracey through that last month, and will continue to support Evelyn in her bereavement.

“Iyashi Care is a unique free help for people in the final stages of their lives, but it’s also a program designed for family members. Our goal is to make it possible for the whole family to be as comfortable as possible during a difficult time.” - Evelyn Chikahisa

For more information on Iyashi Care please visit keiro.org/iyashi-care or call 213.873.5791.
Today, many older adults and their loved ones know Kanako Fukuyama as the social worker on the Iyashi Care team, but her history with Keiro, and supporting the needs of Japanese American older adults, goes much further back.

Soon after graduating college, Kanako began working as an activity coordinator at Keiro’s Adult Day Center of Orange County. Kanako would put together various programs for the participants, most of whom required extra caregiving support. She recalled these years saying, “I learned a lot about caregiving burden and how cognitive impairment affects both the individual and the family.”

Another responsibility she had was to familiarize the community with the idea of adult day care. She said, “It was innovative—but challenging. We had to educate our community about how day care can provide not only a safe environment, but also the stimulating activities, socialization opportunities, and support for the caregivers.”

At the close of the adult day center in 2006, Kanako transitioned to working with The Institute for Healthy Aging at Keiro. “We were trying to increase awareness on caregiving needs and healthy/lenki living,” she explained. Kanako’s work included organizing caregiver conferences and many of the evidence-based programs, such as fall prevention and memory classes.

Since 2018, Kanako has been a social worker with the Iyashi Care program, providing palliative care to older adults. The team often helps patients and their loved ones navigate caregiving in a way that builds upon her years of experience with her time at Keiro. “Caregivers are often on the right track and doing their best—but they need to hear that from somebody. So we give that validation which seems to really resonate.”

Looking back on her 18 years with Keiro, Kanako said she has been grateful to support the community, commenting, “I am very grateful for those who worked so hard to build the community we have now.” She also acknowledged the transformations she has been a part of. “I’ve been through many changes,” she said. “Not just my personal changes while I was at Keiro, but the changes Keiro was going through too. I felt that it was special that I got to experience that.”

For the full article, please visit keiro.org/news

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Career of Care: Kanako Fukuyama

The first Keiro Caregiver Conference was held in 2001 at Wintersburg Presbyterian Church, attracting hundreds seeking resources. Two decades later, the event remains a relevant and much-needed resource. Keiro asked attendees from the earliest Caregiver Conferences about their experiences and thoughts.

Dianne Kujukuri Belli, former chief administrative officer who coordinated the conference at that time: “People took off work to come to the conference. Caregivers in the audience were in tears by the end of the conference because they saw that people recognized, or were beginning to recognize, the really tough job that caregivers had.”

Dorothy Matsuoka, community member who attended the event since its earliest days: “It was an excellent opportunity for caregivers to network with others who are in similar situations. They were able to see that they’re not only the ones that may have had questions or concerns they didn’t know how to deal with. The big thing was that the Japanese American community and Asians as a whole tend to enryo so they don’t complain. They don’t talk about what issues they have. The vision of caregiver conference was pretty amazing for that time.”

Dwight Nakata, CPA and financial planner, who attended the event since its earliest days: “It was an excellent opportunity for caregivers to network with others who are in similar situations. They were able to see that they’re not only the ones that may have had questions or concerns they didn’t know how to deal with. The big thing was that the Japanese American community and Asians as a whole tend to enryo so they don’t complain. They don’t talk about what issues they have. The vision of caregiver conference was pretty amazing for that time.”

Looking Back at 20 Years of Caregiver Conference

Join us for our 20th anniversary Caregiver Conference! From a keynote session about caregiving during the pandemic, to breakout presentations on culinary caregiving, we hope this free event will be an enriching experience for past, current, and future caregivers.

Register on the Keiro website at keiro.org/caregiver-conference.

Webinar sign up closes Wednesday, March 10, 2021.

“There’s always something [at this event]. Even if you think you know everything, someone will say something that gives you more insight.” – Past Caregiver Conference attendee caring for his wife with dementia

For the full version of the article, visit keiro.org/news
In March, Keiro made the shift to only virtual programming due to the pandemic. Since then, Keiro held over 110 weekly classes and eight major events reaching over 2,700 people virtually.

**Little Tokyo Eats**
Over 7,800 meals have been provided to seniors residing in Little Tokyo through the Little Tokyo Eats program since April 2020. In partnership with Little Tokyo Service Center and Little Tokyo Community Council, this program was created to address the immediate needs of our local vulnerable older adults during the pandemic.

**Caregiver Conference**
2020 marked the first year that Keiro’s Caregiver Conference was held virtually over its 20-year history, featuring topics such as decluttering and difficult conversations as a caregiver.

**Speaker Series**
Keiro hosted three different Speaker Series events attracting hundreds of attendees throughout the year on topics such as gardening, cannabis use, and Japanese food, to enhance our ability to understand the world around us.

**Keiro no Hi Festival**
The annual Keiro no Hi Festival was held via livestream which featured performances, interactive workshops, and guest speakers. The “Quality of Life” Fine Arts Showcase was held for the first time, featuring artwork from individuals in our community aged 60 and above.

**Keiro Symposium: Designing Your Future**
This year’s Symposium highlighted innovative tools and up-to-date guidance to design a thorough plan on aging, all from the comfort of home. Topics included health care, finances, and technology.

For 25 years, the Senior Fellowship at Wintersburg Presbyterian Church has been a space for community, support, and fellowship among older adults. The history of the fellowship has also intertwined with Keiro’s, as the two have collaborated throughout the years to provide support for older adults in Our Community.

Claire Seki, the current coordinator of the Senior Fellowship program, shared, “Over the years, our Senior Fellowship has enjoyed Keiro’s programs—speakers, entertainers, and the supportive programs for leaders.”

The early days of the partnership began when Keiro started the Adult Day Center at the church campus in the early 2000s. Keiro and Wintersburg later continued to work together through Keiro’s evidence-based programs, which informed older adults about aging-related topics like memory training and fall prevention. “They invited several of us from various churches and community organizations to become coaches, and we then shared the classes with our own groups,” Claire explained.

“Currently with the pandemic, I think this partnership is really important,” Claire said. “Keiro has stepped in wonderfully with helping seniors use their computers and smartphones—you would be surprised at how many of my seniors have expanded their horizons with Keiro’s instructions on how to use Zoom.”

Leaders from the fellowship have also attended Keiro’s Nikkei Senior Network meetings, a gathering for organizations within the community to share ideas and support during the pandemic. “I hear things and think, ‘Wow, I’d like to try that!’ We also hear how others may need assistance with their programs, and we try to help. It’s a network; it’s a family caring for others, and I’m all for that,” Claire noted.

With this rich history of collaboration continuing into the present, Wintersburg’s Senior Fellowship and Keiro look to how they can continue benefiting older adults in years to come. Claire commented, “Partnering forms a strong bond, a cohesive network, that ultimately benefits everyone—from the larger organizations like Keiro, to the leaders of senior programs at the local level, and ultimately the seniors. We all benefit.”

For the full article, please visit keiro.org/news

この記事の日本語版はこちらから：keiro.org/jp/news
"The influence of palliative care is only growing greater. People are living longer and it’s a good thing, but with that, they have longer periods of disability and hardship. And we see that in Iyashi Care. People are living in their 90s, 100s but they need help, they have multiple challenges, caregiving needs, their families are struggling to care for them. Iyashi Care really helps fill that need that people and their families have to care for their aging loved ones."

Dr. Glen Komatsu, Iyashi Care physician

On Iyashi Care

"With consistent assignment, caregivers would come to know the residents more, their likes and dislikes, what they should do so that it was more in line with the resident with the benefit or convenience of the facility. We also started Spirit of Choice dining, which provided more freedom for residents to choose between a couple of entrees. A lot of times as Japanese Americans you don’t necessarily say what you need or want because people understood that need and they were able to do it without being told. I think that’s what made Keiro special."

Janie Teshima, former administrator of Keiro Nursing Home and employee for over 40 years

On Person-Centered Care at the Facilities

"About 20 years ago, there was a movement in nursing homes to embrace ‘person-centered care,’ which places the resident at the heart of all we do. We were taught to look from their perspective and to give autonomy in setting their daily routines. Consistent assignments were key to facilitating relationships between caregivers and residents. It can be difficult to measure, but is clearly evident when you see staff interacting with residents on a personal basis."

Beverly Ito, former administrator of Keiro Intermediate Care Facility and employee for over 40 years

On Person-Centered Care

"I think doing adult day center back then, in 1999, was innovative and challenging. I say challenging because at the beginning, the feedback was, ‘Well if my mom can stay at home watching TV all day, why does she have to go to day care at all?’ That was the beginning, the feedback was, ‘Well if my mom can stay at home watching TV all day, why does she have to go to day care at all?’ I say challenging because at the beginning, the feedback was, ‘Well if my mom can stay at home watching TV all day, why does she have to go to day care at all?’ That was the beginning, the feedback was, ‘Well if my mom can stay at home watching TV all day, why does she have to go to day care at all?’"

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We trace the path Keiro has taken, one of evolution and innovation. As we celebrate our 60th anniversary, Keiro revisited its history starting with eight pioneer community leaders—George Aratani, Edwin Hiroto, Kiyoshi Maruyama, James Mitsumori, Gongoro Nakamura, Frank Omatsu, Joseph Shinoda, and Fred Wada—established Keiro to meet the needs of Japanese American older adults.

1961 KEIRO ESTABLISHED

Minami Keiro Nursing Home opened to provide care for those who were in need of care.
Finding Keiro in Unlikely Places

By Ken Hayashi

When I was at UCLA, I had a roommate whose neighbor happened to be Edwin Hiroto, one of Keiro’s founders. Since we were (like most college students) starving students, we used to hang out at his house quite often, where his parents would feed us. So I got to know Edwin very well.

After college, I went into the army and was stationed in a base camp in Vietnam. Edwin would write me letters occasionally, telling me about this “Keiro project”—at the time, I had no idea what a “Keiro” was! However, after I came home in 1968, he asked me to come work for him as an assistant administrator. Eventually I worked in finance and administration for both Keiro Nursing Home and City View Hospital for eleven years.

Early Visions and Victories

The early days of Keiro started with operating hospitals, but shortly after moved on to expanding services through nursing homes. When we bought the Lincoln Park property and built Keiro Nursing Home in 1969, it was a 99-bed facility. By then, we were beginning to understand that, for that time, the future was in nursing homes, long-term care, and residential care. We realized that was where we were headed and should be headed, too.

One of the goals we set for Keiro Nursing Home was to change the overall perception of the nursing home industry, which had a poor reputation. Back then if you spoke to anyone that went to a nursing home, they would have said you had to leave dollar bills for your mom or dad because that’s the only way you would get someone to help them. We were determined to change that standard with our facility—and I think we did. We were much ahead of its time, so much so that the health department would bring their new inspectors to Keiro and tell them, “This is what a facility can be.” We were all quite proud of that. All of the staff took the spirit of Keiro to heart. I think we really built something that not only changed an industry, but for us, took care of our older generation.

From Dawn to High Noon in the Digital Era

The time period of when I started at Keiro was also the dawn of the digital age. For example, City View Hospital used to pay a service bureau to do our payroll, because very few people could afford computers. We finally got our own IBM computer later for all of the facilities, a first-generation system programmed through wires plugged into boards. But now everything is online; it’s just part of normal evolution.

But with this technological development came the closure of the hospital, a shift Keiro had to make. As technology kept rolling along, it became impossible for a 50-bed hospital to buy the fancy equipment that was coming into common use in those days. A declining occupancy rate combined with the technological financial burden, caused the closure of City View Hospital in 1985.

Found(er) Inspiration

After my employment ended with Keiro, I was basically a volunteer—and when Edwin was there, whatever he wanted, I would do. Edwin was one of my dearest friends, as well as a general role model. I was very, very fortunate in having someone like Edwin Hiroto as a mentor. As I’ve gotten older, I really understand what he meant. Working at Keiro was the foundation of my entire business and personal life.

Shifting Situations, Consistent Care

Despite all the changes Keiro has undergone, I think the dedication to the wellbeing of the aging population in the Japanese American community has stayed the same. Of course, things have evolved since I started in 1968. By now, Keiro has done things like working with the Veterans Administrations or the caregiver programs. I used to have my father-in-law living with me, and those types of programs were very helpful. I think it has been a good evolution, as it’s incumbent on Keiro to continue to be relevant to the community.

For the full article, please visit keiro.org/news

ケン・ハヤシさんのシティビュー病院や創設者の一人、広戸エドウィン氏との思い出について語っている記事の日本語版はこちらから：keiro.org/jp/news
Among those in our community who have been a longstanding part of Keiro's history are Sakaye and Linda Aratani. As the wife and daughter of the late George Aratani, one of Keiro's original founders, Sakaye and Linda were alongside George from Keiro's early beginnings, and have witnessed its evolutions over the years. Sixty years after its founding, the two met with us to talk about George’s inspiration and vision when starting Keiro, and how they see George’s legacy being carried on today.

60 YEARS OF FAMILY HISTORY: George Aratani’s Legacy Through the Eyes of Sakaye Aratani and Linda Aratani

Inspiration From Home and Abroad

Revisiting Keiro’s beginnings, Sakaye shared that the idea for the organization initially came from a discovery Fred Wada made on a trip to South America. There, Fred toured a nursing home for Japanese older adults, and was struck with inspiration. “Fred called George after he returned,” Sakaye said. “And they both said that it was a great idea to bring back to Los Angeles.” From there, the two began fundraising and gathering community support to found Keiro.

Sakaye also noted that the memory of George’s parents motivated him to start Keiro. “His parents died when he was young, and I remember him mentioning that he always wanted to do something special for them,” she said. “Having heard about the many Japanese people here in Los Angeles, when Fred approached George, George felt that this was exactly something he wanted to do for the community.” With his parents in mind, George began the journey with the other founders to create Keiro and support older adults in the community for generations to come.

Growing With the Generations

Linda remembers learning about her father’s vision for Keiro while growing up at home. “I was in junior high or high school,” she recalled. “My dad was talking at the dinner table about something he felt was important: That the Nisei were pretty melded into society, but the Issei really embraced their culture in terms of food and activity.” Noticing this culture within the Issei generation, George saw a culturally-sensitive nursing home as the solution to this generation’s needs. Linda said, “I think that was definitely on his plate, changing needs when Isseis were getting old and needed institutional care. He stepped right up to address that issue, hence Keiro started.”

While following this vision for the community needs he saw at the time, George nevertheless knew that the needs of the older adult population would transform along with the following generations. Linda shared, “I remember having some conversations with my dad where I said, ‘If you’re doing this for the Issei, what’s going to happen when I get older, or my children, which is generations later?’ And he always said that’s out of his hands, and that was something that the organization would have to face when it got there. He was always really good at looking things realistically. But at that time, his take was just to get this thing started.”

Continuing George’s Legacy

Having witnessed Keiro evolutions to address changes in the community over the years, both Sakaye and Linda agreed they see George’s vision for Keiro living on today. “I think Keiro has done an amazing job over the decades in fulfilling the hopes and dreams of the founders, I really do,” Linda said, as Sakaye nodded her head. “I think if my dad were here today, he would say Keiro ultimately did everything we hoped they would.”

Pondering where these changes will take Keiro next, Linda shared some of her thoughts about the future of supporting older adults in our community. “I’d love to see Keiro continue to do what it does today, because they do it so well,” she said. “And they may have to change to fit who they serve more, I guess. For example, the Yonsei, they’re so diversified as a generation. Going forward, it’s a different time, a different mix of people - so it’s another chapter, really.” With these hopes in mind, Linda and Sakaye look forward to seeing what each new chapter will add to George’s legacy with Keiro.
Donors, supporters, and volunteers help Keiro advance the quality of life for Japanese American and Japanese older adults wherever they call home. Your support allows Keiro to adapt and meet the changing needs of Our Community. Our sincere appreciation goes to all who join Keiro to enhance the quality of senior life in Our Community.

**FRIENDS OF KEIRO**

Michelle Obi began her first day of work at Keiro as development associate in December of 2019. Additionally, her grandfather, Dr. Robert Obi, served as the medical director of Keiro’s City View Hospital and his grandmother was a volunteer at the hospital’s gift shop.

Michelle shared that she didn’t have much opportunity to hear her grandfather’s stories because he passed away when she was young. Until then she began interacting with community members through her work at Keiro that she learned more about her. She said that she would be more community members who knew Dr. Obi, and they

**CASH DONATIONS**

Keiro gratefully acknowledges the following donors who contributed from January – December 2020. *Asterisks denote cumulative gift amounts of $1,000 and over for the donation period between January - December 2020.

*Angeles Investment Advisors, LLC

**Carrying on a Keiro Legacy**

for the full article, please visit keiro.org/news
The donation period between January - December 2020.

* Asterisks denote cumulative gift amounts of $1,000 and over for: Julia Murakami
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Richard & Patricia Mori
Momoko Murakami Living Trust
Harumi Miyazono

Support@Keiro.org
213.873.5793
or 888.787.5793

To continue to innovate our programs and reliable resources and support remain dependable.

To keep herself busy, Gini has immersed herself in a variety of activities. Gini also volunteers with older adults to help keep them healthy. She said, “I do enjoy ‘working’ with them, and whatever I can do or whatever they need, I am there for them.”

Gini is a regular attendee of the Keiro Virtual Forums and finds many benefits in the resources Keiro offers. “I look to Keiro for ways to help the ones who are getting older or alone. There are a lot of people out there that need to know about Keiro and that there is something out there to help them.”

Though Gini does not consider herself old, she knows that aging is inevitable. She finds comfort in knowing that Keiro is not only there for the older adults like those who she currently works with, but will be there for the next generation of older adults as well.

For the full article, please visit keiro.org/news

Note: The full article is available at keiro.org/news/2020-12-08-gini-akahoshi-the-return-of-the-senior-forum. For print subscribers, the full article is available at keiro.org/news/2020-12-08-gini-akahoshi-the-return-of-the-senior-forum-print-edition.
Tribute Gifts

A gift to Keiro is a thoughtful way to honor someone, by remembering and celebrating a key milestone in a loved one’s life.

Your gift not only supports Keiro’s work to improve the quality of life for older adults but also pays special tribute to your loved ones. Consider making a tribute gift today. Contact support@keiro.org or visit keiro.org/support.

Leaving a Legacy with Keiro

Anyone can leave a legacy with Keiro. Consider leaving a lasting impact on improving the quality of life for Japanese American older adults. Legacy giving is the transfer of assets to Keiro during one’s lifetime or as part of an estate plan. It is a win-win approach to posthumous donations that supports Keiro and can benefit you now or in the future. Consider including Keiro as part of your estate plan.

If you have already made a planned gift to Keiro, would like to speak to someone about a planned gift, or would like additional information about Keiro’s Legacy Circle, please contact Brandon Leong, director of development & communications, at 630.992.6200 or email Brandon.Leong@keiro.org.
UPCOMING EVENTS

Saturday, March 13, 2021
Keiro Caregiver Conference: 20 Years of Caring for Caregivers (Registration opened)

Saturday, May 1, 2021
Alzheimer’s Conference (Registration opens mid-March)

Wednesday, July 21, 2021
Speaker Series on Cyber Security

September 2021
Keiro no Hi Festival

Don’t forget to check out our free weekly Virtual Keiro Forums! New virtual forum topics are posted regularly.

Visit keiro.org/virtual to register for our forums!