

KeiroConnect

WHAT IS
YOUR
LEGACY?





Welcome!

A MESSAGE FROM KEIRO'S BOARD CHAIR



Gerald Iseda

Gerald Iseda, MBA
Board Chair

In this edition of KeiroConnect, we reflect on the rich legacies in Our Community. Earlier this year, Beverly Ito, Keiro's current president and CEO, announced she will retire at the end of 2026, culminating nearly 50 years of service to Keiro. On behalf of our Board and staff, I would like to extend our most sincere gratitude to Beverly for her enduring legacy and steadfast leadership.

Have you considered how you would like to be remembered? It's a loaded question that invites deeper contemplation. Since I became Keiro's Board Chair, I have constantly asked myself, "How can Keiro continue to build upon its legacy?"

As we continue this momentous celebration of Keiro's 65th anniversary, I hope everyone can witness the evolution of care and services that continue to reflect the founding mission of Keiro to enhance the quality of senior life in Our Community. Through our ongoing strategic partnerships, programs, and highly anticipated opening of Keiro Kikyo Home, we are filled with purpose as we advance our founders' vision from generation to generation.

We invite you and your loved ones to take advantage of Keiro's programs and resources to find new ways to take charge of your future. I hope you find inspiration in this publication and in availing yourself of Keiro's offerings to shape your own story. Thank you for your continued support of Keiro and for helping advance Keiro's 65-year legacy.

今回の「KeiroConnect」では、私たちのコミュニティのなかで受け継がれてきた豊かな歩みと功績に思いを寄せたいと思います。今年初め、現代表兼CEOのベバリ・イトウが、2026年末をもって退任することを発表しました。約50年にわたりKeiroに尽力してきたその歩みに、一つの節目を迎えることとなります。理事会およびスタッフを代表して、ベバリのこれまでの多大なる貢献と、長年にわたる揺るぎないリーダーシップに心より感謝申し上げます。

自分は後世にどのような存在として記憶されたいのか—そんなことを考えたことはありますか？これは、自分自身について深く考えるきっかけを与えてくれます。私は、Keiroの理事長に就任して以来、常に自問してきました。「Keiroが築いてきた伝統と実績を受け継ぎ、さらに発展させていくために、何かできるのか？」

Keiroが創立65周年という大きな節目を迎えるにあたり、私たちのコミュニティの高齢者の生活の質の向上というKeiroの創設以来の使命を受け継ぎながら、Keiroが時代のニーズに合わせて発展し続けるケアとサービスを、皆さまに感じていただければ幸いです。継続的なパートナーシップやさまざまなプログラム、そして待望のKeiro Kikyo Home開設を通じて、私たちは創設者の志を次の世代へとつなぎながら、これからも使命を持って前進してまいります。

ぜひ、皆さまや大切な方々とともに、Keiroのプログラムやリソースをご活用いただき、より良い未来へ向けた新たな一歩につなげていただければ幸いです。この冊子が皆さまにとって希望や励ましとなり、自分らしい人生を築ききっかけとなることを願っています。これまでの温かいご支援に心より感謝申し上げますとともに、Keiroが65年にわたり受け継いできた使命を未来へつないでいくために、ともに歩んでくださることに深く感謝いたします。

ジェラルド・イセダ 経営学修士
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Looking Back at Beverly Ito's Keiro Career

When Beverly Ito joined Keiro in 1974, she never imagined the path ahead would lead her to become the president and CEO. From pharmacy intern at City View Hospital to administrator of Keiro Intermediate Care Facility and eventually leading the organization through its next chapter, her nearly 50-year career was defined by a deep commitment to the people and mission of Keiro. Each step was guided by unwavering respect for Keiro's founders and a drive to preserve their legacy. Little did she know that by doing so, she was leaving a lasting impact of her own.

The transition to president and CEO was challenging at first — shifting from facility-based care to community-based programs required a change in perspective and a willingness to step outside her comfort zone. Yet, there was one constant that remained the same: "What kept me going was feeling as though the residents, staff, and volunteers were all a part of my family, and I had to keep us together. And that still stands true today."

The Keiro Difference

The 2016 sale of Keiro's former facilities marked one of the most significant transitions in the organization's history. Since Beverly continued working at the Sakura Intermediate Care Facility until its closure in 2021, she faced a constant balance between public assumptions and reality. "Especially post-sale, under new ownership, I really wanted to preserve what we called 'The Keiro Difference.' It was care that was centered on compassion and deep connections with family members, volunteers, and staff."

Her proudest moments as president and CEO include discovering new approaches to healthy living through Keiro's Genki Living Workshops and establishing Keiro Kikyo Home. She looks forward to seeing how Keiro Kikyo Home will grow and views this project as a full-circle moment to where Keiro began in 1961. Looking back, she shared, "The biggest lesson I learned was resilience. The most important thing was knowing that I could get through the challenge no matter what."



"If we keep the founders' vision in sight, no matter who is driving the car, they will know where we are supposed to be."

- Beverly Ito

Preserving the Legacy

As Beverly prepares to retire at the end of 2026, she is focusing on ensuring a thoughtful transition to Keiro's next chapter. She hopes future leaders will continue building on Keiro's foundation while finding new ways to serve the evolving needs of Our Community.

"I think what I would really want to be remembered for is that I did the best I could to preserve the legacy of our founders and really connect with and take care of the people that I was surrounded by. I would like to be remembered as someone who not only did the talking but also did the walking," Beverly shared.

By following the example of Keiro's founders, she is honored to have been one of the driving forces behind the creation of Keiro's roadmap for the 70th anniversary and beyond.



From Passion to Legacy

Passion has a way of shaping more than a career — it shapes the people around us and the legacy we leave behind. Keiro sat down with three community members whose passions continue to shape Our Community.

Jan Yanehiro broke barriers in broadcast journalism, opening doors for future generations and encouraging them to believe in themselves while lifting others along the way.

Scott Nagatani dedicated decades to sharing music with the community, using his piano keys to bridge the past and present while connecting generations.

Don Tahara built Far Bar into more than a bar restaurant — it became a neighborhood gathering place where community, culture, and connection continue to thrive in the heart of Little Tokyo.

Their stories remind us that while every journey is unique, passion can become something larger than ourselves.



Jan Yanehiro

Q: What was the passion that drove your career?

A: Growing up, my parents wanted me to have a safe job that most women had, such as being a teacher or a nurse. But it wasn't for me. I knew it was going to be very difficult. I wanted to show not only myself but also others that someone like me could be on television, and that we can compete with the men.

Q: How did you manage to continue pursuing your dreams despite being told "no" so many times?

A: When I started my career as a radio reporter, I knew one day I wanted to be a television reporter. The problem was that nobody looked like me [on television] in 1975. All the stations in San Francisco gave me excuses like, "We don't think radio people could make the transition to television." What they were really saying was, "We don't see anybody who looks like you on television." But I kept knocking on doors because I wanted to give television reporting a try. Then one day, a door opened for an experimental television show called *Evening Magazine* on the CBS affiliate in San Francisco. I must have gone through a dozen interviews and auditions before landing the host position on the show. Variety magazine gave us eight weeks to survive, but we lasted 15 years.

Q: When you think about the legacy you're building, what do you hope future generations will carry forward?

A: When I was teaching at the Academy of Art University, one of the things that I made sure to tell my students was that when they got to the top, I encouraged them to reach behind them and bring somebody forward to allow them to try new things and shine. But above all else, you've got to listen to your inner voice and believe you can do it. If you fail, you pick yourself up again. What's wrong with that?

"It tickles me to no end to know that maybe I had a tiny bit of [a role in] making this world more colorful by bringing in people who look like me to television."

- Jan Yanehiro



Scott Nagatani

Q: What first led you to begin performing in senior residential care settings, and what continues to bring you back after all these years?

A: The community really helped me get involved. I've performed with the Grateful Crane Ensemble, with Nisei Week, and was also part of the East West Players Foreign Language Program. I first performed for Keiro in 1980 with the East West Players. I remember one time as we were leaving, a woman grabbed my arm and wouldn't let go. She started speaking to me in Japanese, thinking I was her husband. That moment has stayed with me. I realized music takes people back to their youth — their teenage years. In the early 2000s, I also started researching my grandfather, who grew up in Boyle Heights. I never knew him, but I learned he sang Japanese songs — *shigin* specifically. That made me want to reconnect through music, and I began coming back to Keiro more intentionally to perform Japanese songs.

Q: How has your Japanese American identity shaped your work with seniors and the community?

A: Actually, I'd say music has helped me forge my Japanese American identity. Growing up, I didn't feel fully Japanese or fully American. It's a common problem, especially back then in the 60s. I would try to be liked by everybody, just trying to fit in. It really took the community to help me understand and embrace who I am today. Now I do a lot of bilingual Japanese songs. I used to translate books into songs, and I learned that Japanese songs are poetic — even if they sound simple or even silly. I try to find and create songs that can be enjoyed by different generations. Like *Sukiyaki*, which used to embarrass me as a kid, is now one of my favorite songs and is one that I play often for the community.

Q: When you think about the legacy you're building, what do you hope future generations will carry forward?

A: I hope they'll look after the older generation. I hope my grandkids will look after their kids and stay sensitive to our Japanese heritage. It's not as easy now — kids move away, and times are getting harder. But it's important. As far as the arts go, I hope music continues and isn't replaced by artificial intelligence. Making music has been good for me. It keeps my mind sharp, and it would be a loss if the creative process were replaced.



Continued on page 5



Don Tahara

Q: What first drew you to the restaurant industry?

A: I liked the excitement — the fast pace, the customer interaction, and working alongside other people. I'd say I grew up in the kitchen, but not in the traditional sense. At home, my mother, who was born in Osaka, cooked with ingredients her family sent us from Japan in big wooden crates. But I didn't grow up with only the *Nisei* interpretation of Japanese food at home. I grew up in a well-integrated neighborhood in South Los Angeles where we shared each other's cultures through food. As a kid, I learned how to cook Mexican food by helping my neighbor cook for her family. Going to each other's homes gave me an appreciation for every cuisine in our neighborhood.

Q: Is there a philosophy that has guided your decisions as the owner of Far Bar?

A: Before we opened, we made the decision to be a community restaurant. I've always imagined Far Bar as a place where everybody in the community could get together — whether it's for a meeting, a drink after work, or a special occasion.

Being community-oriented has always been part of our mission. We've worked closely with nonprofits, and over the years we've hosted weddings, funeral receptions (*otakis*), baby showers, and countless celebrations. It's rewarding to know people continue to choose us for those moments. Our employees feel that too — they know they're helping create memories.

One of the best decisions we made was evolving Far Bar into an Asian gastropub. It became a place where people felt comfortable. Our early customers are now bringing their own families. People tell me, "I met my significant other at Far Bar." It means a lot that people remember us and continue to come back.

Q: When you think about the legacy you're building, what do you hope future generations will carry forward?

A: I think there has to be a constant investment back into the community. For Little Tokyo to succeed, business owners have to have that mentality. That's how we create a stronger, more sustainable Little Tokyo.

I'm bullish on the future. There's a younger generation of leaders bringing new energy to Little Tokyo, and it's infectious. They're creative, resourceful, and they're also just... funny! If they continue investing in Little Tokyo and in one another, that's the legacy I hope carries forward.



Rooted in Culture. Centered on Care.

Keiro Kikyo Home represents the next chapter in Keiro's legacy, creating new opportunities for older adults and their loved ones to age with confidence while advancing our tradition of providing compassionate, culturally responsive care to Our Community.

We invite you to take a look inside the first Keiro Kikyo Home. From welcoming shared spaces to thoughtful design details, every element was carefully considered and reflects Keiro's belief that the best care is rooted in compassion, shaped by culture, and built to serve generations to come.

Designed as an intimate, home-like setting, Keiro Kikyo Home provides personalized support in an environment that feels comforting and familiar. It reflects Keiro's belief that aging well is about more than meeting care needs — it is about fostering a sense of belonging and meaningful connections.

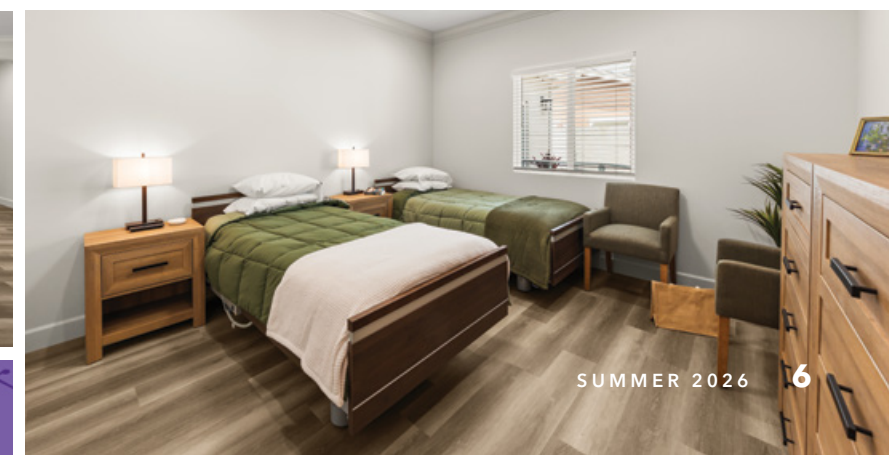
For inquiries and frequently asked questions, visit keirokikyohome.org.

Services Include:

- Individualized care plans
- 24-hour professional support
- Home-cooked meals and snacks
- Medication management
- Housekeeping and laundry services
- Concierge health care services available in-home
- Engaging lifestyle programs and cultural activities
- Private and semi-private accommodations
- Outdoor patio area and garden

The stories of Jan, Scott, and Don remind us that legacy is built one relationship, one conversation, and one act of service at a time. Whether through a shared meal, a familiar song, or a lifelong commitment to community, the impact we leave often begins with the passions we choose to nurture.

What we hear from one another shapes how we understand the world — and what we choose to carry forward. **May these stories inspire you to ask questions, listen with intention, and take the time to know the people in your life.**





HELEN
OTA

PASSING THE TORCH



SARAH
FUKUI

The Nisei Week Foundation has been a cornerstone of the Little Tokyo community, preserving and celebrating Japanese American traditions for nearly 100 years. But as leadership roles transition from one generation to the next, it raises the question of how one can uphold tradition while remaining relevant to the times. Keiro spoke with Helen Ota, 2026 Nisei Week Foundation president, and Sarah Fukui, 2027 Nisei Week Foundation co-president, about their journeys, the traditions they carry forward, and the legacy they hope to leave for those who follow.

A Zig-Zag Path

Helen has worn various hats throughout her involvement with the community. In addition to her work at the Nisei Week Foundation, you can also find her singing with Asian Persuasion and taking center stage as an emcee for galas and events, such as the Keiro no Hi Festival.

Sarah grew up attending Little Tokyo events as part of her family's legacy business, Fukui Mortuary. But being connected to a well-known family sometimes meant people focused on the Fukui name before they saw Sarah. Sarah decided to carve her own path away from Little Tokyo to work with children with developmental disabilities. Although she loved that work, the COVID-19 pandemic and a deeper appreciation for her family's legacy brought her home. This time, she returned on her own terms.

"I want to try to show people that I am part of a legacy, but I also can do my own work."

- Sarah Fukui

Changing of the Court

As part of the Nisei Week Court in 1989, Helen participated in the program when it focused more on pageantry than leadership. A decade later, when she became co-chair of the Queen & Court program with 1986 Nisei Week Queen, Jennifer Yoshitake, they envisioned something different for the upcoming courts. However, their early ideas were met with hesitation and even rejection. "Even though we were denied, we realized it wasn't the big changes but the small, incremental changes that would make a difference."

Those incremental changes Helen helped to initiate transformed the Nisei Week Court into a leadership program that prepares young women to become community ambassadors of tomorrow. Now Sarah hopes to continue building on that foundation as she takes on the role in 2027. "I hope that every year we can make tiny improvements... because they are the future," Sarah shared.

As Helen steps down as president, she hopes the lessons and traditions she inherited will continue to be passed on to the next generation.

To the Next Generation

As Sarah prepares to take on the role of co-president, Helen offered a few words of advice for Sarah: "Just be authentically you. Know and trust your instinct. But know that you are surrounded by a whole group of people who are behind you 100%. Our goal is to make sure that you succeed, so when it comes to your time to pass it on, you can allow those to also succeed as well."

The Humble Beginnings of Iyashi Care

by: Glen Komatsu, MD



From a young age, I learned firsthand about the Japanese American experience and the challenges they faced through my family members. I am the *Sansei* (third generation) son of a vegetable farmer born and raised in Arizona. My *Nisei* (second generation) mother grew up in Wilmington, California, and was incarcerated at Jerome. Her brother died fighting in Europe with the 442nd Infantry Regiment. My *Nisei* father was drafted into the Army and served in the Military Intelligence Service (MIS) occupational force in Japan. My *Issei* (first generation) grandparents were community leaders in Wilmington and farmers in Arizona.

The discrimination faced by and sacrifices of the *Issei* and *Nisei* were not foisted on me as a burden, but an awareness of them was etched in my consciousness. The legacy of those generations could be defined by grief and loss. Instead, the *Nisei* chose to focus on the love and joy of family, creating opportunities and privileges to bequeath to us.

I spent my summers in Wilmington, with my mom and siblings, soaking in the Japanese American community, going to Gardena to eat Japanese food, watching samurai movies with my grandfather, and dancing and eating at the Gardena Buddhist Church Obon. Thanks to my parents, I was able to attend college and medical school at the University of Arizona.

What would be the legacy of my generation?

Becoming a physician is one of the greatest privileges a society can give an individual. Serving fellow human beings at a vulnerable time in their life is an honorable endeavor. I started my career in medicine in neonatology, the care of ill newborns. I was struck by the pain and suffering of babies and their families, and how their comfort was not a priority in the field at the time. Mid-career, I came across a new field of medicine that cared about the pain and suffering of human beings — palliative care. Because of this newfound discovery, I decided to change careers at age 52.

After finishing palliative care training at Harvard in 2005, I returned to Providence Little Company of Mary Torrance Medical Center to establish the hospital's palliative care service and grow the fledgling pediatric hospice program, Trinity Kids Care.

While those programs became successful and nationally recognized as centers of excellence, most patients were not children or hospitalized; they were adults in the community,

living at home or in facilities. They needed palliative care services, and there were very few clinics available, much less programs that would serve them in their residences.

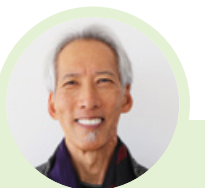
This was the genesis of Iyashi Care. A palliative care program conceived to serve an unmet need in the greatest generations before us, a small contribution to the reparations so deserved by them, so they can age in the comfort of their own homes.

The year 2017 was the perfect storm of circumstances that led to the establishment of Iyashi Care. Keiro was searching for novel ways to serve the older adults in the community. At the time, Providence had launched an innovative community-based palliative care service with grants but needed more reliable funding and more staff to continue and grow the program. Dr. Yuichi Edwin Yanami, Iyashi Care's current palliative care/hospice physician, was a kind, conscientious physician finishing his training and searching for the right opportunity. With his professional experience and fluency in Japanese, he was the perfect fit for Iyashi Care!

Iyashi Care is now well-established thanks to the support of Keiro, Providence, our communities, and the diligent work of the entire Iyashi Care team. However, there is still more to do. Pain and suffering of people and their families are part of the human experience. We *Sansei* need to support the *Yonsei* and *Gosei* generations as they care for and support us as we age. As patients' needs continue to evolve, I am confident that Iyashi Care will remain a key contributor in the lives of patients who need it most and will provide whole-person care for years to come.

Please help Iyashi Care define our legacy!

For more information about Iyashi Care, visit keiro.org/iyashi-care.



ABOUT THE AUTHOR

Dr. Glen Komatsu is the Medical Director for the Doak Center for Palliative Care at Providence Little Company of Mary Medical Center Torrance and San Pedro. In 2017, Dr. Komatsu helped establish Iyashi Care.

Farms to Families

The Kansha History Project

Much of Japanese American farming history does not appear in textbooks but is instead shared through family stories passed down from one generation to the next. Through documenting both Asian American and Japanese American farming and her own family's history, Amanda Kim realized how much of that story was undocumented.

When she discovered that the War Relocation Authority had documented pre-World War II *Nikkei* farms, she knew that it was important, not just to her, but to many others. "For many people, their pre-incarceration farm is a missing page in their family history. And that is how the Kansha Project started." Since its founding in 2023, the Kansha History Project has created the first database of just over 6,500 pre-World War II *Nikkei* farms, with the goal of transcribing 20,000 pre-World War II *Nikkei* farm records by 2030.

Keiro Grants Program

Utilizing the Keiro Grants Program

Since 2025, the organization has been a two-time recipient of the Keiro Grants Program, helping more families reconnect with their history, improving its digital archive, and expanding volunteer efforts.

In May 2026, Kansha History hosted an event at Tanaka Farms to celebrate the history of *Nikkei* farming. Attendees enjoyed the new *Nikkei* farm history exhibits, stories from farming families, a *taiko* performance, and a "camp" lunch inspired by meals Japanese American incarcerated may have had at the camps. Volunteers were also available to help research family records.

Amanda credits Keiro with helping the organization strengthen connections across the community. "I am very grateful to Keiro for connecting us to so many wonderful service providers and for encouraging us to grow cultural connections digitally, in-person, and through acts of service."

Connecting Generations

The hard work of Kansha History would not be possible without its dedicated volunteers, who transcribe data and connect people with their family records. Over 200 volunteers offered their time and skills, with the majority



Tanaka Farms | May 2026

of them being retired *Sansei* or students. "Volunteering is a great way for both retirees and students to use their knowledge and skills for cultural and community work," Amanda shared.

For volunteer Linda Nawa, what began as a search for her own family's farming history became an opportunity to preserve history for others. Linda shared that, since many of these families rely on oral history, the organization's efforts help clarify what their families went through.

Through volunteering, many of the *Sansei* have learned new technology skills, but most importantly, they have made newfound connections with younger volunteers who are also searching for information about their families. Recently, Linda connected with a volunteer who is a college student in the Midwest. They discovered that their ancestors had been neighbors, classmates, and close friends in the farming community in Norwalk, CA. Amanda is glad that this project offers volunteers the opportunity to bridge generations through shared interests and family stories.

Awareness is the Key

Amanda and Linda agree that the organization's primary goal is to connect families and appreciate the full contributions of Japanese American farmers, one document at a time. Although Kansha History focuses on one aspect of Japanese American history, it is a vital story that needs to be told across generations. Amanda noted that "our motto is every record is a human story." When providing descendants with the farming records, Kansha History encourages each person to discover their own history and decide what to carry forward.

Linda concluded, "Thank you to the Keiro Grants Program for being a part of the Kansha History Project's journey as we document and celebrate each family farm story. And to our *Issei* and *Nisei* family members, we say, 'Okage sama de' (Because of you, I am)."

To learn more about the Kansha History Project and request your family farming records, visit kanshahistory.org.

Lifelong Learning for Our Community

Looking ahead, Keiro promises to be here for the generations to come — empowering Our Community to age with confidence, purpose, and connection. What began as senior residential care has grown into an organization that supports older adults, caregivers, and families throughout every stage of aging.

Keiro established the Institute for Healthy Aging (IHA) in 2006 to support older adults and caregivers aging through educational classes, events, and conferences.



Responding to Community Needs

In addition to new programs and events community members experience today, Keiro has adapted several past offerings to support aging in the community, wherever they call home:

Vitality Forums → Virtual Keiro Forums → Quality of Life Classes

From educational forums and evidence-based wellness workshops to virtual learning that kept the community connected during the COVID-19 pandemic, each program iteration reflected Keiro's commitment to meeting people where they were. Today, Quality of Life Classes continue that legacy by offering engaging educational classes that empower older adults and caregivers, both online and in person.

Women's Wellness Conference → Keiro Symposium → Active Aging Fair → Genki Living Workshops

From the Women's Wellness Conference to the Active Aging Fair, Keiro continually reimagined how older adults could discover new ways to stay healthy and engaged. Today, Genki Living Workshops transform those experiences into immersive, hands-on opportunities that inspire participants to embrace aging with confidence and joy.

Caregiver Conference → Two Caregiver Conferences per Year

What began as a single gathering back in 2001 has grown into biannual regional conferences bringing education, trusted experts, and local resources closer to caregivers. By expanding its reach, Keiro continues to foster connections where caregivers have access to resources to navigate their unique journeys.



Caregiver Conference | 2001



Vitality Forums | 2016



Genki Living Workshops | 2026

Continued Expansion and Beyond

Building on 65 years of service to Our Community, Keiro is proud to share our commitments for 2027 and beyond:

- ✓ **Expand Community Connections** - Strengthen existing community relationships and create new connections by expanding Keiro's reach to new audiences
- ✓ **Advance Brain Health** - Help individuals and families better prepare for and navigate cognitive decline
- ✓ **Support & Uplift Caregivers** - Ensure caregivers feel supported, confident, and equipped throughout their caregiving journeys

Together, these commitments reflect Keiro's continued promise to build a community where everyone, across generations, can live a healthier and more fulfilling life both at home and in the community.

For more information on Keiro's programs and events, visit keiro.org/what-we-do.



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alongside older adults and
their families in the Japanese
American community, evolving
to meet their changing needs
while remaining rooted in
compassion, dignity, and care.
However, we cannot do it
alone! Your support ensures
that legacy is carried forward
for years to come.

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