



# Alzheimer's Conference



**Presented by Keiro and Alzheimer's Los Angeles**

**Saturday, June 11, 2022  
10:00 a.m. – 12:30 p.m. PDT  
Zoom Webinar**

*The Alzheimer's Conference is FREE to the community and is made possible by Keiro in partnership with Alzheimer's Los Angeles along with support from The Aratani Foundation, our community partners, sponsors, donors, and volunteers.*



Founded in 1961, Keiro improves the quality of life for older adults and their caregivers in the Japanese American community of Los Angeles, Orange, and Ventura counties. Keiro provides culturally-sensitive programs and resources, in both English and Japanese, to meet the evolving needs of our aging community. In everything we do, we advance our mission through a person-centered, innovative, and collaborative approach.

## KEIRO'S SERVICES AND PROGRAMS

### Community Education and Events

Keiro partners with dozens of community centers, churches, temples, and groups serving Japanese American and Japanese older adults to provide comprehensive classes to meet the needs of their aging members. Currently, classes are conducted in virtual formats. Keiro hosts community events throughout the year to support older adults and caregivers such as conferences, festivals, and more.

### Iyashi Care

Keiro and Providence have partnered since August 2017 to create the first culturally-sensitive palliative care program focusing on Japanese American and Japanese older adults living with advanced illnesses and/or debilitating symptoms. This innovative program work closely with the patient's existing health care team to provide an extra layer of support as patients pursue the best possible quality of life.

### Community Building and Partnerships

Keiro advances its mission in innovative ways through collaborations and partnerships with community organizations that share similar visions to serve older adults in Our Community. By working together, we strengthen existing programs, increase resources, and fill critical gaps in our community's support network.

#### Nikkei Senior Network

As part of strengthening community networks, Keiro has hosted regular meetings through the Nikkei Senior Network since 2006 to gather community leaders and share ideas and projects with other community partners.

#### Grants Program

Launched in 2016, Keiro's Grants Program provides support for local nonprofit, community-based organizations that serve Japanese American and Japanese older adults and their caregivers. Grantmaking allows Keiro to invest in new and ongoing programs that reduce social isolation. To date, Keiro has supported 71 local organizations through the Grants Program.

#### LTSC Partnership

Keiro and Little Tokyo Service Center (LTSC) have partnered since 2017 to expand and enhance support to older adults and their caregivers. The partnership focuses on mental health, caregiving, and low-income clients seeking emergency assistance.

For more information, visit [keiro.org](https://keiro.org).





Alzheimer's Los Angeles is a local, community-based nonprofit health organization providing programs and services in Los Angeles County addressing the needs of people living with Alzheimer's disease or another type of dementia and the needs of their family members.

Founded by concerned community members in 1980, Alzheimer's LA was officially incorporated in February 1981. In 2021, we proudly marked our 40th anniversary of steadfast commitment to the aging community of greater Los Angeles, and we are grateful for the continued support and partnership of so many members of the community.

Our mission is to improve the lives of families affected by Alzheimer's and other dementias by increasing awareness, delivering effective programs and services, providing compassionate support, and advocating for quality care and a cure.

Throughout our long history, we have not wavered from our mission to provide the critically needed education, support, and advocacy for which families facing Alzheimer's have come to rely on us.

All our services are provided 100% free for families. We continue to provide virtual workshops and support as we have during the COVID-19 pandemic, and we are now offering some of our in-person services once again.

Today, we are leaders in innovative programming for people living with Alzheimer's or other dementias. We have earned the trust of families and diverse communities and of the professionals who serve them.

With over 40 years of serving the community, Alzheimer's LA is locally focused and nationally and internationally recognized for providing high-impact support, resources, and education to people and families facing the disease.

We are committed to building on our legacy to ensure that anyone in need of help receives it. We will work to educate the richly diverse region of greater Los Angeles about what dementia is and isn't while fighting to eliminate the stigma that perpetuates misunderstanding and creates unnecessary barriers to accessing the support we're here to provide.

Until there's a cure, we'll provide the care.

Please visit our website at [www.alzheimersla.org](http://www.alzheimersla.org).



## CONFERENCE PROGRAM

- 10:00 a.m.** | **Welcome Remarks**  
Kevin Onishi, *Chief Operating Officer, Keiro*  
Heather Cooper Ortner, *President & CEO, Alzheimer's Los Angeles*
- 10:05 a.m.** | **Dementia Friends**  
Kelly Takasu, *Public Policy Manager, Alzheimer's Los Angeles*
- 11:05 a.m.** | **Alzheimer's Los Angeles Resources**  
Kristy Huang-Arai, *Manager, Asian and Asian American Services, Alzheimer's Los Angeles*
- 11:10 a.m.** | **Iyashi Care**  
Heather Harada, *Director of Strategy, Keiro*
- 11:15 a.m.** | **Five Minute Break**
- 11:20 a.m.** | **Managing Behavioral Challenging in People with Dementia**  
Dr. Linda Ercoli, *Director of Geriatric Psychology-Neuropsychology, Interim Director of the UCLA Longevity Center, Semel Institute Health Sciences Clinical Professor in the Department of Psychiatry and Biobehavioral Sciences*
- 12:20 p.m.** | **Closing Remarks**  
Michelle Hirano, *Director of Development, Keiro*

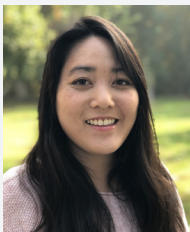


### Dementia Friends

Presented by Kelly Takasu

Dementia Friends is a global social movement that is changing the way people think, act, and talk about dementia. Through this session, participants learn about dementia, what it is like to live with the disease, and some tips for communicating with people who have dementia. With greater awareness and understanding, Dementia Friends help build communities that are better equipped to support people living with dementia.

**Kelly Takasu** *Public Policy Manager, Alzheimer's Los Angeles*



Kelly currently serves as the public policy manager at Alzheimer's Los Angeles where she works to improve the lives of people living with Alzheimer's through strategic initiatives, building relationships, and empowering grassroots advocacy. Prior to Alzheimer's Los Angeles, Kelly coordinated and advanced the policy priorities of 35 national Asian American, Native Hawaiian, and Pacific Islander nonprofits as the public policy manager at the National Council of Asian Pacific Americans (NCAPA). She also served as the Japanese American Citizens League (JACL) Mike Masaoka fellow in the Washington, D.C. office of Congressman Mike Honda, where she handled health policy issues and served as the staff lead for two bipartisan congressional caucuses. Kelly is a graduate of the University of California San Diego.

### Managing Behavioral Challenges in People with Dementia

Presented by Dr. Linda Ercoli

Caregivers of people with Alzheimer's and other forms of dementia experience stress and burden related to their loved one's behaviors, such as wandering, irritability, agitation, and aggression. Dr. Ercoli will talk about how caregivers can communicate effectively with their loved ones, and manage behavioral challenges.

**Dr. Linda Ercoli** *Director of Geriatric Psychology-Neuropsychology, Interim Director of the UCLA Longevity Center, Semel Institute Health Sciences Clinical Professor in the Department of Psychiatry and Biobehavioral Sciences*



Linda Ercoli is a Health Sciences Clinical Professor in the Department of Psychiatry and Biobehavioral Sciences at the Semel Institute. She is the Director of Geriatric Psychology-Neuropsychology and the Interim Director of the UCLA Longevity Center. She has specialties in aging, dementia, neuropsychology, caregiver stress, neuroimaging research and cognitive enhancement interventions.

# IYASHI CARE

A Keiro-Providence Partnership: Iyashi Care provides culturally-sensitive outpatient care for Japanese American and Japanese older adults with serious illnesses or life-limiting symptoms.

To learn more about Iyashi Care:

1. Please fill out [this online form](#), and a Keiro staff member will contact you to learn more about your specific situation and answer any questions.
2. Please call the Iyashi Care call line at [213.873.5791](tel:213.873.5791) and leave a message. A Keiro staff member will return your call within 1-2 business days.

For more information, visit [keiro.org/iyashi-care](https://keiro.org/iyashi-care).

## NIKKEI SENIOR NETWORK (NSN)

Keiro's Nikkei Senior Network (NSN) program brings together different community leaders who work with their older adult groups at various churches, temples, senior groups, and community centers across Los Angeles, Orange, and Ventura counties. NSN currently meets virtually on a regular basis to discuss a variety of topics such as:

- Technology
- Community meal programs
- COVID-19
- Returning to in-person activities
- Transportation
- And more!

Groups can share their upcoming events, outings, and opportunities for others community members to participate in. These meetings allow community leaders to collaborate with one another through shared experiences to strengthen individual programs.

If you are a community leader and are interested in participating in a future NSN meeting, please contact Lauren Yoshiyama at [programs@keiro.org](mailto:programs@keiro.org).



## KEIRO UPCOMING EVENTS

### Keiro no Hi Fine Arts Showcase

Join us for our third Virtual Fine Arts Showcase in honor of Keiro No Hi! We are inviting everyone in our community, age 60 or older, to express themselves and the theme of ‘Connection’ through art. Submitted artwork will be shared on Keiro’s website.

Theme: “*Tsunagari* - Connection”  
Submit Artwork by **Friday, July 29, 2022**

For more information on how to submit your work and artwork criteria, visit [keiro.org/arts-showcase](https://keiro.org/arts-showcase).

For questions, email [contact@keiro.org](mailto:contact@keiro.org) or call 213.873.5718.



## SUPPORT KEIRO

Keiro provides a variety of culturally-sensitive services and programs and is adapting to meet the current community needs. But we cannot do it alone! Your contribution supports our ability to continue providing much-needed services and resources to positively impact the ever-changing needs of older adults and caregivers in Los Angeles, Orange, and Ventura counties. Contributions are tax-deductible to the fullest extent of the law. Keiro is a 501(c)(3) nonprofit organization.

To support Keiro, visit [keiro.org/support](https://keiro.org/support).



## Resources by Alzheimer's LA provided free for families:

Alzheimer's Los Angeles has been a constant presence in the LA community for more than 40 years, supporting families as they face the challenges of caring for a person living with Alzheimer's or another dementia. We'll be your partner for as long as you're on this journey. People come to Alzheimer's Los Angeles afraid, uncertain, and overwhelmed by what they're facing. They leave with a sense of hope.

### Helpline (844.435.7259)

Available for information, emotional support, resources, and referrals

### Care Counseling

Guidance, support, and dementia expertise from experienced social workers

### Learning Opportunities

Classes about Alzheimer's disease, dementia, brain health, and caregiving

### arts4ALZ & Memory Mornings

Activities that focus on art, music, cognitive stimulation, and socialization for people living in the middle stages and for their caregivers

### Savvy Caregiver® Workshops

Courses to gain the knowledge, skills, and understanding needed to care for a family member with Alzheimer's or another dementia

### Support Groups

Information and understanding shared between caregivers and others living with dementia and offered for different groups & in different languages

### Early Stage Programs

Education and support for those with Mild Cognitive Impairment (MCI) or an early-stage diagnosis of Alzheimer's or another dementia and for their care partners

### Information Tip Sheets

Flyers that contain suggestions and strategies on how to handle common challenges and situations. Available in English, Spanish, Japanese, Chinese, and Korean

### Caregiving Videos

Short videos featuring tips about common concerns, real-life scenarios you may encounter, and suggestions for how to handle them. The *Faces of Caregiving* is a series that showcases the personal stories of five unique Japanese and Japanese American caregivers.

For more information, visit our website at [alzheimersla.org](http://alzheimersla.org).





## ALZHEIMER'S LA UPCOMING EVENTS

### Savvy Caregiver® Express (Three-week course)

Wednesdays, July 6, 13, and 20 | 2:00 - 4:00 p.m.

**OR** Mondays, July 11, 18, and 25 | 8:00 - 10:00 a.m.

Savvy Caregiver® Express is a three-week program specially designed to benefit someone providing care for an individual living with dementia by developing the basic knowledge, skills, and tools to help navigate the journey. Email: [khuang@alzla.org](mailto:khuang@alzla.org) or call 323.930.6257 to register.

### Healthy Brain Habits: Reducing Your Risk for Alzheimer's

Thursday, June 16 | 10:00 - 11:00 a.m.

Did you know that you can keep your brain healthy? Learn how you can monitor what affects your brain health, identify the connection between other diseases and brain health, and the importance of understanding the warning signs of Alzheimer's disease and related dementias.

RSVP: [alzheimersla.org/calendar](http://alzheimersla.org/calendar) or call 844.HELP.ALZ for assistance.

### Behaviors and Alzheimer's Disease

Thursday, July 14 | 1:00 - 2:00 p.m.

A class for family members who are seeing changes in behaviors that are difficult to understand. Using the IDEA! strategy, this program aims to help individuals explore why behaviors happen, their meanings, and practical tips to respond. RSVP: [alzheimersla.org/calendar](http://alzheimersla.org/calendar) or call 844.HELP.ALZ for assistance.

## SUPPORT ALZHEIMER'S LA

For over 40 years, Alzheimer's Los Angeles has been a trusted resource for local families caring for a loved one facing Alzheimer's or another dementia. As we address a pandemic with longstanding effects that are yet to be seen, our commitment to serving the community with critical, on-the-ground support has not wavered.

To support Alzheimer's LA, please visit [alzheimersla.org/donate](http://alzheimersla.org/donate). Your donation stays 100% local. Donations to 501(c)(3) not-for-profits are deductible as a charitable contribution within the guidelines of U.S. law. Alzheimer's LA remains committed to honesty, efficiency, and integrity.



# *Gene and Vickie Kanamori*

proudly supports Keiro and its work to enhance  
the quality of life for older adults and their caregivers  
in Our Community.



## **JACK KURIHARA & CAROL INGE**

are proud to support the 2022  
Alzheimer's Conference and Keiro's work  
to improve the lives of the older adults.

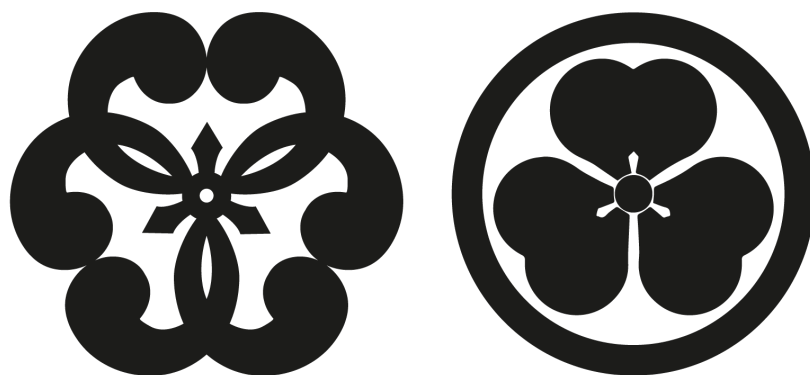






# *The Doizaki Family*

*proudly supports Keiro  
and its work to care for older adults  
and their caregivers.*



**KAWAGUCHI-KIHARA  
MEMORIAL FOUNDATION**

is proud to support the 2022  
Alzheimer's Conference and Keiro's work  
to enhance the quality of life of  
older adults and their caregivers.





*Lynn Miyamoto and Kevin Kroeker*

are pleased to support the  
Alzheimer's Conference and Keiro's  
work to improve the quality of life for Our  
Community's older adults.



ARATANI *foundation*

proudly supports Keiro's work to  
enhance the quality of life  
older adults and their caregivers.

**THANK YOU TO OUR  
SPONSORS!**

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*Sponsors updated as of June 3, 2022.*