



Keiro no Hi FESTIVAL

Celebrating Our Older Adults

Saturday, September 18, 2021

11:00 a.m. – 1:00 p.m.

Complimentary Bento and Gift Bag Pickup

2:00 – 3:00 p.m.

Online Video Premiere of Keiro no Hi Festival



This event is FREE to the community and is made possible by Keiro in partnership with Japanese American Cultural & Community Center along with support from The Aratani Foundation, our community partners, donors, and volunteers.

Welcome to the 2021 Keiro no Hi Festival!

Dear friends,

On behalf of Keiro and Japanese American Cultural & Community Center (JACCC), thank you for participating in the 2021 Keiro no Hi Festival! For the second year in a row, we are celebrating virtually, but we are excited to recognize and honor the older adults in our lives and in our community. Today we celebrate you and thank you for the happiness, wisdom, and values you share with our community.

Please enjoy your bento lunch, if you picked one up from one of our community partner sites. Or, if you received a gift package, we hope you find the contents useful and enjoyable. Lastly, we invite you to join us for the exciting program we have planned for this Keiro no Hi Festival. Today's online video premiere was produced in collaboration with community leaders, artists, and performers for your enjoyment.

Thank you once again for all that you have done as a foundation for our community and we hope you can rejoice in the festivities. We will continue to honor you and all the older adults in our community beyond today's festivities.

As we return to a sense of normalcy, we are optimistic that all of us will be able to gather once again on the JACCC Noguchi Plaza to commemorate Keiro no Hi together in person.

In gratitude,



Gene S. Kanamori
President & CEO, Keiro



Patricia M. Wyatt
President & CEO, JACCC



For 60 years, Keiro has focused on improving the quality of life for older adults and their caregivers in the Japanese American community of Los Angeles, Orange, and Ventura counties. Keiro provides a range of culturally-sensitive programs and resources, in both English and Japanese, to meet the evolving needs of our aging community. In everything we do, we advance our mission through a person-centered, innovative, and collaborative approach.

What We Do

Classes

Keiro partners with dozens of community centers, churches, temples, and other groups serving Japanese American and Japanese older adults to provide comprehensive classes to meet the needs of their aging members. Currently, these classes are conducted in virtual formats.

Iyashi Care

Keiro and Providence announced a partnership in August 2017 to create the first culturally-sensitive palliative care program focusing on Japanese American and Japanese older adults living with advanced illnesses and/or debilitating symptoms. This innovative program brings together a team of doctors, nurses, and social workers to work closely with the patient's existing health care team to provide an extra layer of support as patients pursue the best possible quality of life.

Events

Keiro hosts events throughout the year to support older adults in Our Community. These events range from one-day conferences that provide resources and education, to festivals that celebrate the lives and accomplishments of the older adults in Our Community. In 2021, Keiro hosted its Alzheimer's Conference and Caregiver Conference along with multiple Speakers Series events. Join us next month for Keiro's 60th Anniversary Celebration at keiro.org/60.

Grants Program

Launched in 2016, Keiro's Grants Program provides funding support to qualified nonprofit, community-based organizations that serve the Japanese American and Japanese older adult population. Grantmaking allows Keiro to invest in new and ongoing programs that reduce social isolation among older adults and their caregivers. Applications for the 2021-2022 Grants Cycle are now open! Visit keiro.org/grants for details.

Please visit our website at keiro.org for additional and updated information.





The Japanese American Cultural & Community Center (JACCC) weaves Japanese and Japanese American arts and culture into the fabric of our communities. JACCC remains firmly rooted in Little Tokyo, providing a vital place to build connections between people and cultures, locally and internationally. Through inclusive programs and authentic experiences, we continue our traditions and nurture the next generation of innovative artists, culture-bearers, and thinkers. Founded in 1971, JACCC is one of the largest ethnic arts and cultural centers of its kind in the United States.

What We Do

For nearly 50 years, JACCC has advanced traditional Japanese arts and their contemporary practices with the goal of bringing multi-ethnic, multi-generational audiences together. Anchored by our new Toshizo Watanabe Culinary & Cultural Center, all programming across our campus is united by a sensitivity to seasonal themes and respective holiday celebrations. Through performances and visual exhibitions (both in-person and online), workshops and classes, we invite you to celebrate this rich inheritance of traditional arts and cultural practices, all year round.

Community Arts

Community Arts nurtures *ibasho* (居場所) through collaborative programs rooted in Japanese and Japanese American heritage. Through Sustainable Little Tokyo (SLT), JACCC serves local seniors with community-driven arts classes that promote shared traditions. Shodo for Little Tokyo, Ukes4LittleTokyo, and upcoming expanded classes are the perfect place for elders to gather, connect, create, and be oneself at JACCC.

Culinary Arts

Culinary Arts presents *washoku* (和食), an intangible cultural heritage, recognizable in deep respect for nature, the seasons, and native ingredients. Our Toshizo Watanabe Culinary & Cultural Center is host to curated workshops with celebrated chefs, and will soon launch community events geared especially towards elders and their caregivers, to serve our community wholeheartedly.

Performing Arts

Performing Arts presents Japanese and Japanese inspired performances at the crossroads of traditional and contemporary expressions. Performing Arts programs create a welcoming space for *yoin* (余韻)—so audiences, of all ages, can experience the communal resonance that connects us all.

Visual & Cultural Arts

Visual and Cultural Arts showcases ancient and contemporary expressions of Japanese artistic practices that engage the five senses (五感) and exist in *ma* (間) — the space between. Experience our annual *Kotohajime*, discover our *Ikebana and Bonsai at Home* virtual series, or take in a *chado* (茶道) ceremony to be immersed in the spirit of *ichigo ichie* (一期一会). All are presented to honor and expand these irreplaceable Japanese traditional practices.



Event Program

1. Opening Remarks

Gene S. Kanamori, President & CEO, Keiro
Patricia M. Wyatt, President & CEO, JACCC

2. Rajio Taiso

Nishi Hongwanji Child Development Center
Ukuleles for Little Tokyo
Piano accompaniment by Makiko Hirata

3. Remarks from Community Leaders

The Honorable Akira Muto, Consul General of Japan in Los Angeles
Mrs. Misako Muto

4. Ikebana Presentation

Jose Salcedo, Ikenobo School
Mayumi Onami, Ohara School
Haruko Takeichi, Sogetsu School

5. Senior Safety

Art Ishii, Head Instructor, Matsubayashi-Ryu Karate-Do of Little Tokyo

6. Tea Time

Rona Tison, Executive Vice President, Corporate Relations & PR, ITO EN (North America) Inc.

7. Fine Arts Showcase

8. Shodo For Little Tokyo

Scott Oshima, Program Director, Sustainable Little Tokyo
Kuniharu Yoshida, Instructor, Shodo for Little Tokyo

9. Culinary Workshop

Jane Matsumoto, Culinary Program Curator, JACCC
Yoko Maeda Lamn, Hakko/Cooking Instructor

10. Community Spotlight

Gayle Hirami, Senior Programs Coordinator, Venice Japanese Community Center Senior Wellness Program

11. Asian Persuasion Performance

Asian Persuasion feat. Marlene Chau, Sharleen Inouye, Kenneth Itagaki, and Jeff Louie

12. Closing Remarks

Glenn Inanaga, Chair of the Board of Directors, JACCC
Lynn Miyamoto, Chair of the Board of Directors, Keiro

Keiro no Hi Holiday

Keiro no Hi or “Respect for the Aged Day” is a Japanese holiday celebrated every third Monday in September. Keiro no Hi was created by Mayor Masao Kadowaki of Nomadani-mura in 1947. Masao invited villagers, age 55 and older, to enjoy food and entertainment in the village auditorium in order to express respect and appreciation for the older members of the village and create a space where they could share their wisdom and experiences with the next generation. Masao continued to host the event and later suggested making it a holiday. Soon after, the movement spread across Japan, and in 1966, the government announced Keiro no Hi as a national holiday.

“Celebration” Fine Arts Showcase

Thank you to all the community members who participated in this year’s virtual Keiro no Hi Festival Fine Arts Showcase!

All artwork submissions are available to view on keiro.org/knh.



Presenter and Entertainer Bios

Asian Persuasion



Asian Persuasion is an Asian American vocal harmony group. They sing favorite songs from doo-wop, Motown, and pop songs of the 50's, 60's, and 70's. Kenny Itagaki and Gary Asamura started the group over 40 years ago with Sharleen Inouye, Jeff Louie, and our newest member, Marlene Chau, completing the group. (Gary Asamura not pictured)

www.facebook.com/Asian-Persuasion-570859689665679/

Makiko Hirata



An international pianist and a recording artist with ten released albums, Makiko Hirata is "Dr. Pianist," on a mission to promote the power of music to heal and unite us. In addition to her concerts, she collaborates with neuroscientists to quantify the benefit of music and promote music as an overlooked social resource through speaking engagements, workshops, and writing.

www.musicalmakiko.com/en/

Ikenobo School



With each new Ikebana arrangement, Ikenobo School continues a tradition of creativity that began over 550 years ago. Ikenobo is based in Kyoto, Japan, at Choho-ji (Rokkaku-do) Temple, a temple said to have been founded by Prince Shotoku. The Japanese word IKE means "pond," while the word BO means "a priest's hut." Suggesting a priest's hut next to a pond, the two words combine in the name of the family that has headed this school of Ikebana, IKE-NO-BO. Succeeding generations of priests were famous for their skill in arranging flowers, and Ikenobo thus became "the origin of Ikebana."

Arrangement by Jose Salcedo, Photo by Ken Honjo

www.ikenobola.com

Yoko Maeda Lamn



Yoko Maeda Lamn is a certified fermentation expert and founder of Hakko. Born and raised in Nara, Japan, she hopes to bring the joy of traditional Japanese fermentation to the homes of Los Angeles through workshops on Japanese preserved foods such as koji, miso, soy sauce, and pickles.

www.hakko.online

www.instagram.com/hakko.online

Matsubayashi-Ryu Karate-Do of Little Tokyo



Matsubayashi-Ryu Karate-Do of Little Tokyo trains in traditional Okinawan karate under a system founded by Nagamine Shoshin. They have resided in Little Tokyo for nearly 30 years and are now proud to call the new Terasaki Budokan their home. They are a community-based dojo and provide assistance at community functions and perform Karate demonstrations at cultural events throughout the year. Photo by: Marc Amba

www.facebook.com/shotokyoshorinryu

Akira Muto, Consul General of Japan in Los Angeles



Akira Muto graduated from the Faculty of Economics, University of Tokyo and joined the Ministry of Foreign Affairs in 1985. Having served at the Embassies of Japan in Washington DC and Moscow, he held directorships for Free Trade Agreement & Economic Partnership, Intelligence & Analysis, Russian Affairs, and Foreign Policy Coordination between 2004 and 2012; and in 2012, he became Consul General of Japan in Boston. He served as Deputy Director General, European Affairs Bureau (Ambassador, 2014-15); and served in the National Security Secretariat (2015-16). He was Minister, Embassy of Japan in the U.S. (Global Affiliate Visiting Scholar, Walter H. Shorenstein Asia-Pacific Research Center, Freeman Spogli Institute for International Studies, Stanford University) (2018-19). He became Consul General of Japan in Los Angeles in 2019.

www.la.us.emb-japan.go.jp/itpr_en/cggreeting.htm

Mrs. Misako Muto



After graduating from Gakushuin University, Mrs. Misako Muto worked for IBM Japan. She is married to Consul General Akira Muto and together they have raised two daughters.

Nishi Hongwanji Child Development Center



Established in 1983, the Nishi Center provides day care services for preschool to kindergarten aged children from two to six years old. The school was established for the Nikkei/Buddhist community in order to:

- Provide an early childhood education that would prepare the child academically and emotionally for the entry in the elementary school system
- Cultivate a sense of appreciation of and familiarity with Buddhist teachings

www.nishihongwanji-la.org/nishi-child-development-center

Ohara School

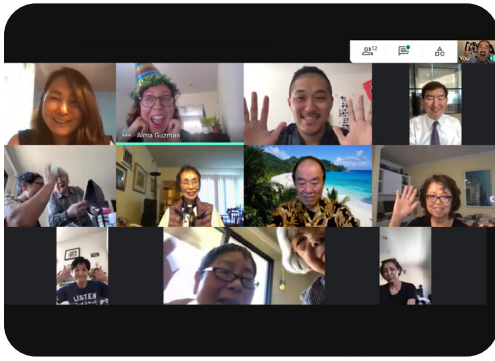


Unshin Ohara founded Ohara School in the late 19th century, when Japan opened itself to the influence of Western culture. His departure from previous ikebana lay in the creation of a new form which he called the moribana style. This style later evolved into the school's "landscape arrangement." He also designed and produced the wide, shallow containers most suitable for works in the moribana style.

Arrangement by Onami Mayumi, Photo by Ken Honjo

www.facebook.com/OharaIkebanaLA

Shodo for Little Tokyo



Shodo (Calligraphy) is one of the three traditional art forms of Japan. Pre-pandemic, JACCC's Shodo for Little Tokyo program gathers Little Tokyo older adults into a classroom to learn the art of shodo by master calligrapher, Kuniharu Yoshida. During the pandemic, the class went virtual with students safely picking up supplies from JACCC and practicing at home. The class offers free calligraphy workshops for Little Tokyo residents, where no experience is needed and all materials are provided for participants.

www.sustainablelittletokyo.org/projects/shodo

Sogetsu School



The Sogetsu School of Ikebana was started in 1927 by the founder Sofu Teshigahara who preferred to respect the freedom of individual expressions. "Anytime, anywhere, by anyone," — and with any materials — is the creed of the Sogetsu School. Today, under the 4th Iemoto Akane Teshigahara, the Sogetsu Ikebana is popular around the world as a school of Ikebana that draws out the freedom of expression in each individual, always new, always beautiful, and never constrained by preconceptions.

Arrangement by Takeichi Haruko, Photo by Ken Honjo

www.sogetsula.com

Rona Tison



A tea industry connoisseur with a refined approach to the U.S. Japanese culture and innovative marketing, Rona Tison is the Executive Vice President of Corporate Relations & PR at ITO EN (North America) INC. Tison is responsible for maintaining and developing the company's corporate image through branding, public relations, and promotional events.

In addition to her role at ITO EN, Tison serves on the Board of the Tea Association of the USA and the Tea & Health Committee, the U.S.-Japan Council, Advisory Board of the Global Tea Initiative at University of California, Davis, and member of the Tea & Herbal Association of Canada. She has been a speaker at the World Tea Expo, San Francisco, Los Angeles & Northwest Tea Festivals, the United Nations, Shizuoka World Tea Festival, James Beard House and Smithsonian Lecture Series. She received the "2017 John Harney Lifetime Achievement Award" for her educational contributions to the tea industry, the first woman to ever receive this prestigious award.

www.itoen.com

Ukuleles for Little Tokyo



Ukuleles for Little Tokyo is geared toward engaging Japanese and Japanese American older adults while providing free ukulele instruction in Japanese and English. By providing in-language services, they also help break-down cultural barriers and provide a space where participants can feel welcome and at home at JACCC and Little Tokyo.

www.jaccc.org/u4lt

VJCC Senior Wellness Program



The Venice Japanese Community Center (VJCC) Senior Wellness Program began in January 2018 to address social isolation of Japanese American and Japanese seniors. The program provides various weekly exercise class, crafts and arts activities, entertainment, demonstration, and Keiro speakers.

Also the program carries out outreach to the homebound older adults, providing information about resources and services, via home “porch” visits.

The Senior Wellness Program’s goal is to create engaging and meaningful virtual and non – virtual activities with new and current participants and to provide community programs and events that involve culturally-sensitive activities and services that will be accessible to all older adults and their caregivers of the VJCC.

vjcc.com/senior-wellness-program/

Video Premiere Director, Videographer, and Editor: Ken Honjo

Thank You to our Community Partners!

East San Gabriel Valley Japanese Community Center

Gardena Valley Japanese Cultural Institute

Orange County Buddhist Church

Pasadena Buddhist Temple

Venice Japanese Community Center

Keiro Resources

IYASHI CARE

A Keiro-Providence Partnership: Iyashi Care provides culturally-sensitive outpatient care for Japanese American and Japanese older adults with serious illnesses or life-limiting symptoms.

To learn more about Iyashi Care:

1. Please fill out [this online form](#), and a Keiro staff member will contact you to learn more about your specific situation and answer any questions.
2. Please call the Iyashi Care call line at 213.873.5791 and leave a message. A Keiro staff member will return your call within 1-2 business days.

For more information, visit keiro.org/iyashi-care

Upcoming Keiro Events:

Keiro's 60th Anniversary Celebration

Saturday, October 23, 2021

Celebrate our 60th Anniversary with us! Join us for an online video premiere as we look back at our history and legacy of forward-thinking service and innovation with special guests.

Visit keiro.org/60 for more information.

Virtual Keiro Forum: Living Better with Arthritis

Tuesday, October 26, 2021 10:30 – 11:30 a.m.

Arthritis is common among older adults but that doesn't mean that joint pain has to be. There are things that you can do to live better with arthritis. Learn how to better manage your arthritis with helpful tips from this presentation.

Register at keiro.org/virtual

Fall Speaker Series

Join us this fall for the next Speaker Series event! Check back on our website at keiro.org/speaker-series for more details on the date and topic of the next presentation in this series.

JACCC Resources

Keiro no Hi “Bunka Bundle”

JACCC provides access to programs that older adults and their caregivers can enjoy, from in-language classes and literature, to private sessions in our traditional garden. For us, cultivating the next generation of culture-bearers for the Japanese and Japanese American communities can't happen without the input of our elders to show us the way. JACCC bundled the following programs with care, for you and your loved ones to enjoy and spark your own creativity. Learn more at [JACCC.org/KNH](https://jacc.org/KNH):

Forest Bathing: In May of this year, members of the Southern California Gardeners Federation who built the wonderful James Irvine Japanese Garden came back to revitalize it. After careful pruning, the stones and trees are singing again, and the splendor of this special place has been restored, all for you to enjoy. The garden is currently closed to the public for current safety reasons, but please stay tuned for more details on our re-opening.

From the Archives (The Issei Poetry Project): Much of Los Angeles' Issei writers poetry and literature was thought lost, due to the war and incarceration camps. The Issei Poetry Project is JACCC's ongoing effort to preserve a rare archival collection of poetry and literature written by these Issei artists. These translations share the firsthand feelings and thoughts of the first generation during a period of intense history. We're also making these translations available to the public, to educate younger generations and the world about the significant creative contributions of the Issei.

Haiku Challenge: Get creative from wherever you are! The Haiku challenge is open to writers of all ages, those prolific or approaching with shoshin, or “beginner's mind”. Submissions have come from all over the globe during the pandemic, and we're awaiting yours! If selected, your haiku will be published on the JACCC website, social media, and monthly newsletter.

Little Tokyo Little Podcast Season 1 - 2: Each month, a new episode focuses on local celebrations from our diverse community and the 72 Japanese micro-seasons. Experience beautiful artwork from local Little Tokyo resident artists, Margaux Morales spinning retro Japanese vinyl records, local updates from Miya Iwataki, and your monthly dose of ukulele magic with Chester Ikei!

Upcoming JACCC Events:

Heritage X Exhibition | Sep. 12 - Oct. 25, 2021, George J. Doizaki Gallery*

This exhibition honors the four pioneer Japanese American artists who contributed significantly to the L.A. Art scene: Mike Kanemitsu, Sawako Shintani, Keisho Okayama, and Nob Hadeishi. A virtual 3-D tour will also be available online during the duration of the exhibition.

レトロフューチャー (Retro-Future) | Oct. 2021, Virtual, at [JACCC.org/retro-future](https://jacc.org/retro-future)

Tune into レトロフューチャー (Retro-Future), an online series of one-hour episodes showcasing the unique reemergence of Little Tokyo Little Radio, to revisit the sounds of another era!

Ikenobo School Ikebana Exhibit | Nov. 20-21, 2021, George J. Doizaki Gallery*

The beautiful works of the Ikenobo Ikebana Society of Los Angeles will be on full display in our George J. Doizaki Gallery.

*The Doizaki Gallery is open Tuesday - Sunday from 12 - 4 pm. No reservation required for admittance, however, face coverings over nose and mouth must be worn at all times during your visit.

Support Keiro

Keiro provides a variety of culturally-sensitive services and programs and is adapting to meet the current community needs. But we cannot do it alone! Your contribution supports our ability to continue providing much-needed services and resources to positively impact the ever-changing needs of older adults and caregivers in Los Angeles, Orange, and Ventura counties. Contributions are tax-deductible to the fullest extent of the law. Keiro is a 501(c)(3) nonprofit organization.

To support Keiro, visit keiro.org/support



Support JACCC

JACCC needs your help to build intergenerational programs, supporting seasonal celebrations, and gathering families together. Your generous gift of \$25 allows two older adults to attend virtual shodo classes; \$50 helps Ikebana practitioners display their work across our neighborhood; if you can give more, \$100 will support free family programs such as Hinamatsuri, keeping traditions alive for each other and future generations. JACCC is a 501 (c)(3) nonprofit organization.

To make a tax deductible donation or for more information, please call Development Associate, Carolina Roque, at (213) 348-5338 or visit JACCC.org/support-jaccc.



Thank you to all our sponsors!

Presenting Sponsor

The Aratani Foundation

Fine Arts Showcase Sponsor

The Doizaki Family

Kawaguchi-Kihara Memorial Foundation

Omedetou Sponsors

AARP

Gene & Vickie Kanamori

Jack Kurihara & Carol Inge

Lynn Miyamoto & Kevin Kroeker

Keiro no Hi Sponsors

Home Care Assistance/Millennia

Kimiko Fujita & Kihei Otani

Nikkei Senior Gardens

In-Kind Sponsors

AARP

Bourbon Foods USA

ITO EN