



Alzheimer's Conference

Keiro. 

 Alzheimer's
LOS ANGELES

Saturday, May 1, 2021
9:30 a.m. – 1:00 p.m. PDT
Zoom Webinar

This conference is FREE to the community and is made possible by Keiro in partnership with Alzheimer's Los Angeles along with support from The Aratani Foundation, our community partners, donors, and volunteers.



For 60 years, Keiro has focused on improving the quality of life for older adults and their caregivers in the Japanese American community of Los Angeles, Orange, and Ventura counties. Keiro provides a range of culturally-sensitive programs and resources, in both English and Japanese, to meet the evolving needs of our aging community. In everything we do, we advance our mission through a person-centered, innovative, and collaborative approach.

What We Do

Classes

Keiro partners with dozens of community centers, churches, temples, and other groups serving Japanese American and Japanese older adults to provide comprehensive classes to meet the needs of their aging members. Currently, these classes are conducted in virtual formats.

Iyashi Care

Keiro and Providence announced a partnership in August 2017 to create the first culturally-sensitive palliative care program focusing on Japanese American and Japanese older adults living with advanced illnesses and/or debilitating symptoms. This innovative program brings together a team of doctors, nurses, and social workers to work closely with the patient's existing health care team to provide an extra layer of support as patients pursue the best possible quality of life.

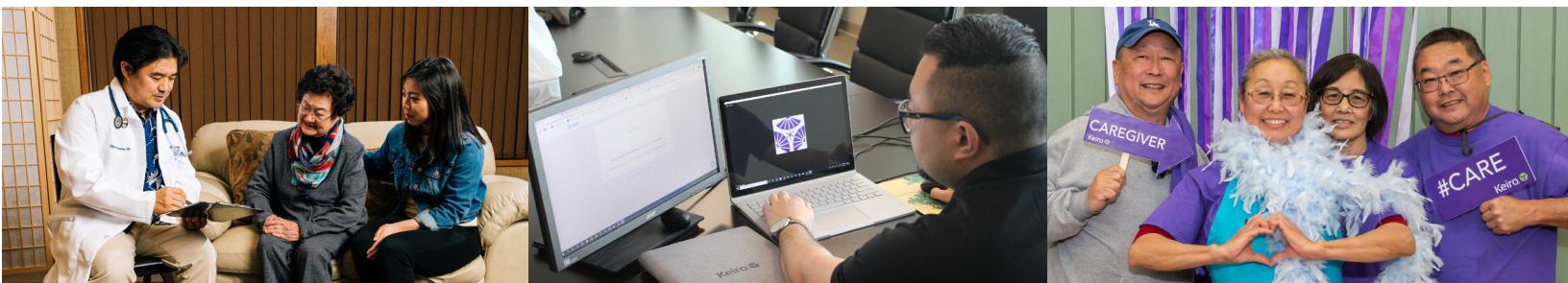
Events

Keiro hosts events throughout the year to support older adults in our community. These events range from one-day conferences that provide resources and education, to festivals that celebrate the lives and accomplishments of the older adults in our community. For 2021, Keiro will host the Alzheimer's Conference, multiple Speaker Series events, the Keiro no Hi Festival, and Keiro's 60th Anniversary Celebration.

Grants Program

Launched in 2016, Keiro's Grants Program provides funding support to qualified nonprofit, community-based organizations that serve the Japanese American and Japanese older adult population. Grantmaking allows Keiro to invest in new and ongoing programs that reduce social isolation among older adults and their caregivers.

In light of COVID-19, Keiro currently provides all programs virtually.
Please visit our website at keiro.org for additional and updated information.





Alzheimer's Los Angeles is a local, community-based nonprofit health organization providing programs and services in Los Angeles County addressing the needs of people living with Alzheimer's disease or another type of dementia and the needs of their family members.

Founded by concerned community members in 1980, Alzheimer's LA was officially incorporated in February 1981. Now, in 2021, we proudly mark our 40th anniversary of steadfast commitment to the aging community of greater Los Angeles, and we are grateful for the continued support and partnership of so many members of the community.

Our mission is to improve the lives of families affected by Alzheimer's and other dementias by increasing awareness, delivering effective programs and services, providing compassionate support, and advocating for quality care and a cure.

Throughout our long history, we have not wavered from our mission to provide the critically needed education, support, and advocacy for which families facing Alzheimer's have come to rely on us.

In the past two years, Alzheimer's LA has made over 46,000 contacts with people living with Alzheimer's, family caregivers, and professionals through our programs and services.

All our services are provided 100% free for families throughout the greater Los Angeles area. All our previously in-person workshops and services continue to be provided virtually during the COVID-19 pandemic.

Today, we are leaders in innovative programming for people living with Alzheimer's or other dementias. We have earned the trust of families of diverse communities and of the professionals who serve them through our steadfast dedication to providing services and programs that truly improve people's quality of life.

With 40 years of serving the community, Alzheimer's LA is locally focused and nationally and internationally recognized for providing high-impact support, resources, and education to people and families facing the disease.

We now turn our vision to the future and commit to building on our legacy to ensure that anyone in need of help received it. We will work to educate the richly diverse region of greater Los Angeles about what dementia is and isn't while fighting to eliminate the stigma that perpetuates misunderstanding and creates unnecessary barriers to accessing the support we're here to provide.

Until there's a cure, we'll provide the care.

Please visit our website at www.alzheimersla.org



Conference Program

9:30 a.m.	Resource Fair (listed in the order of presentation) <ul style="list-style-type: none">• Alzheimer's Los Angeles – Angie Yeh• Rancho Los Amigos / USC California Alzheimer's Disease Center (CADC) – Alice Gunderson & Dr. Ellen Wong• Iyashi Care – Dr. Yuichi Edwin Yanami and Kanako Fukuyama
10:00 a.m.	Welcome Remarks <p>Gene S. Kanamori, President & CEO, Keiro</p> <p>Heather Cooper Ortner, President & CEO, Alzheimer's Los Angeles</p>
10:05 a.m.	Overview of Alzheimer's and Related Disorders <p>Dr. Joshua Chodosh, MSHS, FACP, Geriatrician and Professor, Departments of Medicine and Population Health, NYU Langone Health</p>
10:50 a.m.	Five Minute Break
10:55 a.m.	Alzheimer's Disease Research Update: What's the Weather Forecast? <p>Dr. Helena Chang Chui, Chair and Professor of Neurology, Raymond and Betty McCarron Chair in Neurology, Director of the USC Alzheimer's Research Program</p>
11:40 a.m.	Five Minute Break
11:45 a.m.	Hopeful Signs for the Future – Resources We Have Access to <p>Sarah Lenz Lock, JD, Senior Vice President for Policy, AARP; Executive Director, GCBH</p> <p>Dr. Debra Cherry, PhD, Executive Vice President, Alzheimer's Los Angeles</p>
12:30 p.m.	Virtual Resource Fair Q&A
1:00 p.m.	Closing Remarks <p>Lynn Miyamoto, Chair, Keiro Board of Directors</p>
1:05 p.m.	End of Conference

Conference Presenters

Resource Fair Vendors



Overview of Alzheimer's and Related Disorders

Dr. Chodosh will present an overview of Alzheimer's and related disorders, explaining how these conditions differ from normal cognitive changes that occur with aging. He will share the benefits of early detection and diagnosis and the components of high-quality care.

Dr. Joshua Chodosh, MD, MSHS, FACP, Geriatrician and Professor, Departments of Medicine and Population Health, NYU Langone Health



Dr. Joshua Chodosh, MSHS, holds the inaugural endowed Michael L. Freedman professor of Geriatric Research in the Division of Geriatric Medicine and Palliative Care in the Department of Medicine at NYU School of Medicine. He is a clinical geriatrician, seeing patients in the VA New York Harbor Healthcare System and is founding Director of the Freedman Center on Aging, Technology, and Cognitive Health (CATCH) and co-Director of the NYU Aging Incubator. Dr. Chodosh conducts multiple AD/ADRD NIH and VA pragmatic clinical trials and leads the Outreach and Recruitment Core of the NYU Alzheimer's Disease Center. He has held a number of leadership roles focused on healthcare policy impacting the quality of care for patients with chronic disease, particularly those living with dementia. Dr. Chodosh served as chair of the State of California Alzheimer's and Related Dementias Advisory Committee and co-chaired a statewide effort leading to the California State Plan for Alzheimer's disease.

Alzheimer's Disease Research Update: What is the Weather Forecast?

The Silver Tsunami continues, and it is said that by 2050, the number of people with Alzheimer's will triple. At the same time, with recent research, better biomarkers are allowing for early detection. What's on the horizon for disease-modifying treatment? We welcome Dr. Helena Chui, neurologist from USC's Alzheimer's Research Program, to share with us about the latest research.

Dr. Helena Chang Chui, MD, Chair and Professor of Neurology, Raymond and Betty McCarron Chair in Neurology, Director of the USC Alzheimer's Research Program



Dr. Helena Chui has been on the faculty of the Department of Neurology at the University of Southern California (USC) Keck School of Medicine since 1981. She is currently McCarron Professor of Neurology and Gerontology, and since 2003, Department Chair. The Department of Neurology provides comprehensive outpatient and inpatient services for the full spectrum of neurologic conditions, conducts medical research, and mentors future generations of medical professionals.

Dr. Chui earned her Bachelor of Arts in Chemistry and MD at Johns Hopkins University. She completed an internship, fellowship and residency in neurology at the University of Iowa. She is Board-certified in Neurology. She has considerable expertise in clinical, neuroimaging, and pathological evaluation of patients with cognitive impairment, and minority issues.

Dr. Chui is internationally recognized for her research in Alzheimer disease and vascular cognitive impairment. She serves as principal investigator for the NIA-funded Alzheimer Disease Research Center. She is the author of more than 200 peer-reviewed publications and 40 book chapters/review articles. She has served on the editorial board for Stroke, Alzheimer Disease and Associated Disorders, Archives of Neurology, and JAMA Neurology. Among her many honors are Best Doctors, Connolly's Top Doctor, the Alzheimer Association Research Award (1991), California Science Center Muses Woman of the Year Award 2007, and USC Keck Excellence in Professionalism Award in 2018.

Hopeful Signs for the Future – Resources We Have Access to

Cognitive decline is not inevitable as you age. Learn about new insights from the Global Council on Brain Health that we can all use to reduce risks and improve quality of life if you are beginning to be concerned about your brain health or that of a loved one. Sarah Lenz Lock will share how implementing the six pillars of brain health can also help manage dementia more effectively once diagnosed with Alzheimer's. Additionally, Dr. Debra Cherry will briefly discuss Alzheimer's Los Angeles' resources for patients and for families including caregiver education workshops, patient activity programs, support groups, counseling, and connections to valuable community resources.

Sarah Lenz Lock, JD, Senior Vice President for Policy, AARP; Executive Director, GCBH



Sarah Lenz Lock is senior vice president for Policy and Brain Health in AARP's Policy, Research and International Affairs (PRI). Ms. Lock leads AARP's policy initiatives on brain health and care for people living with dementia, including serving as the executive director of the Global Council on Brain Health, an independent collaborative of scientists, doctors, and policy experts. Ms. Lock also coordinates AARP's role in the Leadership Council of Aging Organizations.

Previously, Sarah directed the Office of Policy Development and Integration, where she led the office responsible for the development of AARP's public policies. Sarah first joined AARP as a senior attorney/manager at AARP Foundation Litigation conducting health care impact litigation on behalf of older persons. She has authored numerous amicus briefs in appellate courts all over the country on health care issues impacting older Americans.

Sarah is a member of the American Society on Aging, the Gerontological Society of America, and the National Academy of Social Insurance. Sarah serves on the Dementia Friendly America National Council and the Health and Aging Policy Fellow Program National Advisory Board Member. She formerly served as a commissioner for the American Bar Association's Commission on Law and Aging and on the HHS Administration on Community Living Aging and Cognitive Health Technical Expert Advisory Board.

Prior to joining AARP, Sarah served as a trial attorney for the U.S. Department of Justice. Sarah began her career as a Legislative Assistant in the U.S. House of Representatives to Congressman Michael D. Barnes working with the Federal Government Service Task Force, and worked at the law firm of Arent, Fox, Kintner, Plotkin & Kahn.

Sarah received a Bachelor of Arts from Franklin and Marshall College, and a JD degree from the University of Maryland School of Law where she was a member of the law review.

Dr. Debra Cherry, PhD, Executive Vice President, Alzheimer's Los Angeles



Dr. Debra Cherry is a clinical psychologist and the executive vice president of Alzheimer's Los Angeles, a community-based non-profit dedicated to supporting people living with dementia and their caregivers. She is a Phi Beta Kappa graduate of Brooklyn College and then completed her PhD in Clinical Psychology at the University of Southern California and a post-doctoral fellowship in Geriatric Psychology at University of California, Los Angeles' (UCLA) Neuropsychiatric Institute. Throughout her career, Dr. Cherry's work has focused on improving access to dementia care for under-served ethnic communities and on improving dementia health care. She has published numerous articles on this work and is a contributing author of California's evidence-based Guideline for Alzheimer's Disease Management, a practice guideline for primary care providers. She serves on several advisory bodies including the NAPA Advisory Council on Alzheimer's Research, Care and Services.

Resources

IYASHI CARE

A Keiro-Providence Partnership: Iyashi Care provides culturally-sensitive outpatient care for Japanese American and Japanese older adults with serious illnesses or life-limiting symptoms.

To learn more about Iyashi Care:

1. Please fill out [this online form](#), and a Keiro staff member will contact you to learn more about your specific situation and answer any questions.
2. Please call the Iyashi Care call line at 213.873.5791 and leave a message. A Keiro staff member will return your call within 1-2 business days.

For more information, visit keiro.org/iyashi-care

Resources by Alzheimer's LA provided free for families:

Alzheimer's Los Angeles has been a constant presence in the LA community for 40 years, supporting families as they face the challenges of caring for a person living with Alzheimer's or another dementia. We'll be your partner for as long as you're on this journey. People come to Alzheimer's Los Angeles afraid, uncertain, and overwhelmed by what they're facing. They leave with a sense of hope.

Helpline (844.435.7259): Available for information, emotional support, resources, and referrals

Care Counseling: Guidance, support, and dementia expertise from experienced social workers

Learning Opportunities: Classes about Alzheimer's disease, dementia, brain health, and caregiving

arts4ALZ & Memory Mornings: Activities that focus on art, music, cognitive stimulation, and socialization for people living in the middle stages and their caregivers

Savvy Caregiver Workshops: Courses to gain the knowledge, skills, and understanding needed to care for a family member with Alzheimer's or another dementia

Support Groups: Share information and understanding with other caregivers or others living with dementia Offered for different groups & in different languages

Keiro Upcoming Events

Speaker Series: Cybersecurity

Wednesday, July 21 | 7:00 – 8:00 p.m.

Alan Sugano from ADS Consulting Group, Inc. will present on cybersecurity and what you need to know to keep you and your digital information safe. Learn the Top Ten Things to protect your data and keep yourself safe while on the internet. We'll have a question and answer session after the presentation.

Registration is will open 5/1. Visit keiro.org/speaker-series to register.

Save the Date: Keiro no Hi Festival

Saturday, September 18

Join us for our annual festival celebrating older adults! More details to come in the near future.

Visit keiro.org for more information.

Virtual Keiro Forums

During COVID-19, Keiro is hosting various webinars through Zoom. Please use this time to learn something new and stay connected with Keiro and others!

Visit keiro.org/virtual to see a full listing and register for the upcoming Virtual Keiro Forums.

Alzheimer's LA Upcoming Events

Upcoming Learning at Home Classes:

Savvy Caregiver Express (Three week course)

Thursdays, May 6-20 | 10:00 a.m. – 12:00 p.m.

Savvy Caregiver Express is a three-week program specially designed to benefit someone providing care for an individual living with dementia by providing understanding and tools to help navigate the journey.

Email smikael@alzla.org or call 310-486-3617 to register.

Keeping your Brain Healthy

Wednesday, May 12 | 10:00 a.m.

Did you know that your brain is an organ? Learn what research is showing we can do now to keep our memory strong as we age – including nutritional tips, how to stay active, and ways to challenge your brain. This session includes several interactive brain games. Email help@alzla.org or call 844.HELP.ALZ (844.435.7259) to register.

Behaviors

Thursday, May 13 | 5:00 p.m.

A class for family members who are seeing changes in behaviors that are difficult to understand. Using the IDEA! strategy, this program aims to help individuals explore why behaviors happen, their meanings, and practical tips to respond. Email help@alzla.org or call 844.HELP.ALZ (844.435.7259) to register.

Support Keiro

Keiro provides a variety of culturally-sensitive services and programs and is adapting to meet the current community needs. But we cannot do it alone! Your contribution supports our ability to continue providing much-needed services and resources to positively impact the ever-changing needs of older adults and caregivers in Los Angeles, Orange, and Ventura counties. Contributions are tax-deductible to the fullest extent of the law. Keiro is a 501(c)(3) nonprofit organization.

To support Keiro, visit keiro.org/support



Support Alzheimer's LA

For 40 years, Alzheimer's Los Angeles has been a trusted resource for local families caring for a loved one facing Alzheimer's or another dementia. As we address a pandemic with longstanding effects that are yet to be seen, our commitment to serving the community with critical, on-the-ground support has not wavered.

To support Alzheimer's LA, please visit alzheimersla.org/donate. Your donation stays 100% local. Donations to 501(c)(3) not-for-profits are deductible as a charitable contribution within the guidelines of U.S. law. Alzheimer's LA remains committed to honesty, efficiency, and integrity.





Lynn Miyamoto and Kevin Kroeker

are pleased to support the Alzheimer's Conference
and Keiro's work to improve the quality of life for
Japanese American older adults.



JACK KURIHARA & CAROL INGE

are proud to support the 2021 Alzheimer's
Conference and Keiro's work to improve the
lives of the older adults in the Japanese
American and Japanese Community.



The Doizaki Family

*proudly supports Keiro and
its work to care for older
adults.*



ARATANI *foundation*

is proud to support the 2021
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