



Keiro 

CAREGIVER CONFERENCE

Saturday, March 30, 2019

Pasadena Buddhist Temple

THE CAREGIVER CONFERENCE is an important component in Keiro's services to support older adults and their caregivers. As we care for the older adults in our lives, Keiro believes it is crucial to ensure that caregivers are not only recognized, but properly equipped to confidently provide the quality of care our older adults deserve.

Co-Presented by:

Pasadena Buddhist Temple,
Altadena First Presbyterian Church,
Pasadena Nikkei Seniors, and
Pasadena Japanese Cultural Institute

For more information and resources:

keiro.org

Stay connected with Keiro:



Keiro is a mission-driven organization engaged in improving the quality of life for older adults and their caregivers in the Japanese American and Japanese community of Los Angeles, Orange and Ventura counties. Keiro delivers a wide range of resources to address the challenges and barriers that aging presents. Keiro also partners with companies and organizations that can expand its services and ability to reach older adults and caregivers, and participates in research and innovative work where Keiro can contribute to advancing progress in resolving the challenges of aging.

WHEN:

SATURDAY, MARCH 30, 2019

WHERE:

PASADENA BUDDHIST TEMPLE

1993 Glen Ave, Pasadena, CA 91103

SCHEDULE:

8:30 a.m.	Check-in & Registration
9:00 a.m.	Start of Conference
9:10 a.m.	Keynote Presentation 1
10:15 a.m.	Breakout Session 1
11:30 a.m.	Hosted Bento Lunch, Resource Fair, & Consultations
12:35 p.m.	Breakout Session 2
1:50 p.m.	Keynote Presentation 2
3:10 p.m.	Resource Fair & Consultations
4:00 p.m.	Close of Conference

KEYNOTE PRESENTATIONS:

Managing Caregiver Stress

Caregiving can be overwhelming with demands and tasks to ensure your loved one's health and safety, but when you're caring for a loved one, who's caring for you? This presentation will give you tools and resources to effectively manage your stress as you continue to provide the highest quality of care for your loved one.

Speaker: Patty Watson-Swan, RN, BSN

Community Nursing Supervisor,

Huntington Hospital Senior Care Network

Iyashi Care Panel: Family Dynamics

Caregiving alone can be challenging when we take care of our loved ones, but it can be equally challenging to determine schedules, working out payment plans with family members, or who should be making decisions. Learn more about how Iyashi Care can help you with the challenges of communicating in caregiving.

Moderator: Kevin Onishi

Program & Innovation Manager, Keiro

MORE INFO →



A FREE Conference Presented by Keiro & Pasadena Buddhist Temple, Altadena First Presbyterian Church, Pasadena Nikkei Seniors, and Pasadena Japanese Cultural Institute

Breakout Sessions

With two breakout session times and three options, you can choose up to two sessions to attend at this Caregiver Conference. Keiro and Pasadena Buddhist Temple are proud to present these informative workshops that can help you to provide care more effectively for the ones you love.

A Mobile Caregiving

As technology has become more advanced, caregivers now have greater ability to assist from their phone than ever before. In this breakout session, learn about some mobile applications that can enhance the way we provide care for our loved ones.

SPEAKER: Makoto Kotani
Program Associate, Keiro

B Hands-On Caregiving

Learn from a trained professional about how to properly provide hands-on care to your loved one in both a safe and comfortable manner.

SPEAKER: Jose Orozco, RNA
Kei-Ai Los Angeles Healthcare Center

C Preparing for In-Home Care

As older adults now prefer to age at home, families have come to increasingly rely on in-home care. In this presentation, learn about the process of finding an in-home care provider, preparing for them and what to look out for as you undergo the vetting process.

SPEAKER: Becky Happach
Manager of Business Development, Home Care Assistance

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REGISTRATION FORM:

Space is limited and reservations are required. Please register by **FRIDAY, MARCH 22, 2019** using one of the following methods:

Register online at keiro.org/caregiver-conference/

Email bikemura@keiro.org with the subject "Conference Registration" and include your name, phone number, mailing address, breakout session choices (first and second), and indicate if you would like a consultation from an attorney, pharmacist, or social worker.

Call 213.873.5708

Mail this form to:

Keiro
Attn: Caregiver Conference
420 E. 3rd Street, Suite 1000
Los Angeles, CA 90013

I would like a free consultation with a(n):

Attorney Pharmacist Social Worker

Keiro staff will contact you to confirm an appointment. Appointments are **limited!**

Breakout Sessions (choose one for each session):

Breakout Session 1: A B C

Breakout Session 2: A B C

Mr. Ms. Mrs. Name: _____

Address: _____

E-mail Address: _____

Phone: _____

Please note that the event will be filmed and/or photographed. By registering, you agree that we may use your likeness to promote Keiro and its events and services.

