

**ANNUAL  
REPORT**

Fiscal Year Ending  
October 31, 2012

MAINTAINING A  
**Vital Self**





**THE NEED:**

**OUR IMPACT:**



**96%** of people 65 and older are aging at home vs. aging in a nursing facility

Source: 2000 U.S. Census



**Keiro serves twice as many people living at home than in our facilities**

This focus outside our facilities is consistent with the new direction of health care reform on wellness and prevention. We'll help people maintain a vital self so they can age with confidence at home.

Keiro's mission is  
to enhance  
the quality of  
senior life in  
Our Community.

## Dear Friends,

Thank you for your dedicated commitment to and support of Keiro Senior HealthCare. Your partnership over the years has enabled Keiro to serve over 130,000 families, and we look forward to touching even more people as Keiro transforms the programs and services we offer to meet the changing needs in our community.

Keiro, like many other health care providers, has been experiencing the impacts of health care reform. For Keiro, decreased health care reimbursement and other health reform initiatives challenge our traditional model of providing care, necessitating a thorough review of how we serve our community in this changing and uncertain health care environment.

Our ongoing study of the evolving demographics and preferences in our community over the past decade has brought change in how Keiro delivers on its mission, focusing more attention on community based services and programs. Today, we have advanced such that Keiro provides peace-of-mind and resources to twice as many people through our healthy aging programming in the community than we do in our facilities.

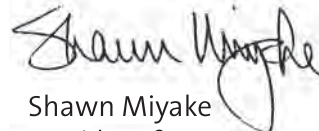
Nationwide, there is a strong and growing movement away from nursing home care toward keeping people healthy at home. In this report, we highlight examples of how Keiro has been helping individuals, churches, temples, and community organizations prepare for this great paradigm shift which will affect us all. Each of us must maintain a vital self so we can age with confidence at home. Keiro has been empowering our community to do that over the last decade, and we hope to expand our efforts in the future.

We take seriously our responsibility to be a good steward of community resources. We continue to research and explore the range of options available to us including contracting with insurance plans and the possibility of our facilities being acquired and becoming part of a larger organization to better position them for success as the health care industry continues to consolidate and adjust to health care reform. Thank you for your continued trust in us as we position Keiro to serve the needs of current and future generations!

Sincerely,



Frank Kawana  
*Chairman*  
Board of Directors



Shawn Miyake  
*President & CEO*  
Keiro Senior HealthCare



*“The more I attend, the more grateful I am for Keiro’s role in our community. The education Keiro provides helps enable each of us to make healthy lifestyle decisions. Our community is very fortunate.”*

— **CAROLYN SANWO**, participant in several Keiro courses



# Regain Responsibility and Control

Aging, like so many things in life, sneaks up on you. Before you know it, your body is not the same as it once was and you wonder what happened. Keiro's Lifelong Learning courses and Vitality Forums help individuals get in front of issues such as memory loss, diabetes, heart disease, osteoporosis, and cancer so they can prevent and manage the health conditions that affect so many in our community.

For a description of four- to eight-week courses offered through Keiro (most are free), visit [www.keiro.org/lifelong-learning](http://www.keiro.org/lifelong-learning).

For a list of free seminars, visit [www.keiro.org/vitality-forum](http://www.keiro.org/vitality-forum).



*"I became interested in the training sessions for volunteer coach/facilitator because I wanted to learn how to best encourage older adults in my family, older adults in our communities, and myself, to aim for quality in longevity—to help them maintain their dignity as they continue to age and as they face the gradual, or sometimes very sudden, loss of physical agility and/or cognition."*

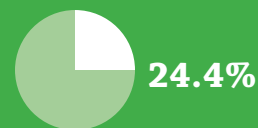
—  
**ELAINE SUNOO**, volunteer coach



*"Only you can help yourself. Nobody else will take care of you so you have to take care of yourself."*

—  
**MAS NISHIKAWA**, 92-year-old Keiro resident and participant in the Healthier Living Course

## THE NEED:



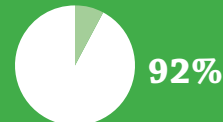
of Japanese in California is over the age of 65

Source: 2010 U.S. Census

## OUR IMPACT:



of respondents who participated in the **Matter of Balance fall prevention course** in 2012 said they have made changes to their home environment as a result of the class



of respondents who participated in the **Memory Kai memory enhancement course** in 2012 said that the course helped improve their memory



of respondents who participated in the **Diabetes Vitality Forum** in 2012 said that the information presented will help them manage their lifestyles



*“I think volunteering gives me things I really can’t get out of things like golfing, traveling, or gardening. It’s interaction with people, helping people, being a benefit to people to make a difference in their lives.”*

—  
**RON HAMAMURA**, volunteer

## Volunteering Makes You Healthy

Through Keiro’s robust volunteer program, more than 1500 individuals and 200 community groups play an important role in supporting activities to promote wellness—both for our community’s seniors and for themselves.

Did You Know that Volunteers:

- Enjoy longer lives
- Have lower rates of depression and heart disease
- Are better able to keep up with the physical demands of everyday life

To learn more about becoming a volunteer, visit:  
[www.keiro.org/volunteer](http://www.keiro.org/volunteer).



**1500**  
volunteers

+



nearly **35,000**  
volunteer hours

=



**\$844,126**  
per year



*“Volunteering helps me stay healthy and feel alive! The more one learns about genki living techniques and shares them with others, the more people will have the knowledge to live genki lives.”*

—  
**RUMI NAKATANI**, volunteer and recipient of a 2012 CA Senior Leaders Award from the UC Berkeley School of Public Health and the California Wellness Foundation



# Confident and Competent Caregivers

Caring for a loved one can be physically and emotionally challenging... but knowing what to do, what to expect, and who to depend on may help lighten the load. Keiro empowers caregivers with resources so that they and their loved ones may experience the highest quality of life.

“How-to” care giving videos and culturally-sensitive fact sheets at [www.keiro.org](http://www.keiro.org) offer support day or night, while large-scale conferences equip hundreds of caregivers with the tools they need for care giving success.

## OUR IMPACT:

.....  
**Of the respondents who attended the 2012 Genki Conference for Caregivers:**



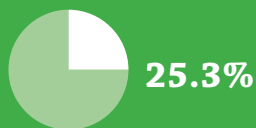
feel that they have a better understanding of Alzheimer’s disease from attending the conference



believe they will be able to apply what they learned at the conference to a situation in their own life, in ways such as:

- “Take better care of myself”
- “[Pay] more careful attention to warning signs of dementia”
- “Have more patience and respect for my mom”
- “Ask for help in caregiving”
- “Research community resources”

## THE NEED:



of Japanese American adults 50 years and older who live in Los Angeles and Orange Counties are caregivers

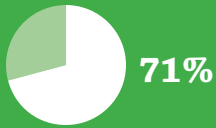
Source: 2009 California Health Interview Survey

*“The information and lectures are my ‘support group’ therapy. Thank you for making your resources and participating consultants available to all.”*

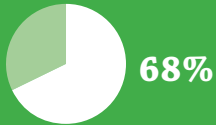
—  
Genki Conference attendee



## THE NEED:



of California voters 40 and older express concern about losing their independence as they get older



of California voters 40 and older express concern about worsening health

Source: Lakeview Research Partners and American Viewpoint. "New Poll Shows California Voters 40 and Older Largely Unprepared for Costs of Long-Term Care Services." 2010.

## OUR IMPACT:

**Over 500 Keiro staff members, volunteers, and residents** participated in the Walk with Ease program

The vast majority of survey respondents reported an increase in mood and confidence and a decrease in fatigue and physical pain as a result of this course.

- **96%** of participants indicated an increase in confidence that they will continue walking and being physically active
- **80%** of participants noted an increase in mood
- **76%** of participants noted a decrease in physical pain
- **76%** of participants noted a decrease in fatigue

## Quality of Life

At Keiro, we recognize that choices made earlier in life can affect an individual's quality of life later on. There are things we can do now to prevent chronic diseases later. That is why we promote healthy lifestyles not only for our residents, but for our staff members and volunteers through wellness fairs and programs such as the Arthritis Foundations' Walk with Ease self-directed walking course.



*"The Walk with Ease program enabled me to create and maintain an exercise plan and gradually build on it at*

*my own pace. I made it my personal goal to keep walking at least three times a week, for 30 minutes a day! It was refreshing to share in the experience with others.*

*One of the realizations I made during the program was that the ease of walking is something I take for granted. However, there may come a time for me when walking becomes painful, challenging and limited. It is important for me to take action today in order to minimize and/or prevent future declines in my health condition."*

—  
**AARON TANAKA**, Keiro staff member

To read about other people's experiences with Walk with Ease, visit [www.genkiwoman.org](http://www.genkiwoman.org).





## Living Long and Well

“An ounce of prevention is worth a pound of cure.” According to the U.S. Department of Health and Human Services, prevention is the key to living long and living well. Screening tests can also help detect health issues before they become life-threatening. Through partnerships with large health care organizations, Keiro has been able to bring free health screenings to our community in familiar locations such as community centers, churches, and temples.

For a list of recommended screening tests, visit:  
[www.keiro.org/screening-tests](http://www.keiro.org/screening-tests).



*“Early detection is so important! I received a free stroke screening at Keiro’s Genki Conference: Caregiver Edition in Long Beach. Something showed up on the screening, so I was advised to see a doctor. I followed up with my own doctor, who discovered early stage thyroid cancer.*

*Other than feeling a little tired, there were no symptoms, so I wouldn’t have known if I hadn’t receive the screening!”*

—  
**KAYCO ISHII**, Keiro Genki Conference attendee

## THE NEED:



**7 out of 10** deaths among Americans are from largely preventable chronic diseases

Source: Centers for Disease Control and Prevention. <http://www.cdc.gov/chronicdisease/overview/>

### Japanese Americans:

- have the highest prevalence of hypertension (high blood pressure) among other Asian American ethnic groups 18 years and older

Source: UCLA California Health Interview Survey, 2011–2012

- have the highest incident rate of breast cancer and the highest mortality rate for colorectal cancer compared to other Asian subgroups

Source: Asian & Pacific Islander American Health Forum. “Japanese Americans and Cancer Health Brief.” May 2010.



## OUR IMPACT:

Keiro has over 80 fact sheets on our website, [www.keiro.org](http://www.keiro.org) on topics ranging from caregiving, health and wellness, finances, and more to help our community stay healthy



## An Empowered Community of Women

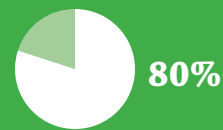
What if 350 women, the lifestyle managers of our society and primary conveyors of culture in our families, came together for a day of sharing and learning about wellness? We'd have Keiro's Women's Wellness Conference, a catalyst for community and transformation in the areas of health and well-being!

In addition to organizing fun and informative conferences, Keiro empowers women to take charge of their own health and the health of their families through online resources such as culturally-sensitive health fact sheets at [www.keiro.org](http://www.keiro.org), a Genki Woman blog at [www.genkiwoman.org](http://www.genkiwoman.org), a virtual community on Facebook, and Twitter updates to help women (and men) thrive.

*“What I saw in the attendees at the Women’s Wellness Conference was that same desire to live the bigger life... Those nearly 350 women were there to soak up the experience. Learning, diving into new experiences, challenging yourself, and gaining self-knowledge—those are pathways to growth, empowerment, and well-being that are open to all of us.”*

— **JANIS HIROHAMA**, conference planning committee member and a former president of the League of Women Voters of California (excerpted from Keiro's Genki Woman blog at [www.genkiwoman.org](http://www.genkiwoman.org))

### THE NEED:



Women make **80%** of health care decisions for their families

Source: US Department of Labor. <http://www.dol.gov/ebsa/newsroom/fshlth5.html>



women age 75 or older live alone

Source: A Profile of Older Americans: 2010. Administration on Aging, U.S. Department of Health and Human Services.

### OUR IMPACT:

As a result of the Women's Wellness Conference, participants reported **increased confidence** that they would **eat nutritionally, manage stress, and manage finances**.

Since it launched in October 2010, Keiro's Genki Woman blog has had nearly **29,000 views** and increased its viewership by **171%** compared to the first year



## THE NEED:



California voters 40 and older worry about being able to pay for long term care for themselves or their family member



Only **3/10** voters 40 and older know whether Medicare covers long term care

Source: Lakeview Research Partners and American Viewpoint. "New Poll Shows California Voters 40 and Older Largely Unprepared for Costs of Long-Term Care Services." 2010.

## OUR IMPACT:

- To date, Keiro has provided over **300 free consultations** with attorneys, pharmacists, nutritionists, and resource specialists to help people understand their options and make the best decisions for their particular situation
- **60% more people** visited Keiro's website for information and resources in fiscal year 2012 than it did two years before
- Keiro partners with over **80 community organizations** through its Nikkei Senior Network to bring educational programs directly to members of our community

# Health Literacy

As health care reform takes its course, many are wondering how best to navigate this new world. To help our community understand the changes and access the benefits available to us in this evolving health care system, Keiro has launched the Health Literacy Project (HeLP). Through presentations in the community, a dedicated health care reform section on Keiro's website ([www.keiro.org/health-care-reform-2013](http://www.keiro.org/health-care-reform-2013)), and MedCHAT, a hands-on learning experience about Medicare, Keiro is coming alongside our community to help individuals maintain their best resource – an informed and vital self.



*"Keiro... is the beacon which helps steward, provide, and ensure stability and sustainability to individuals and families by being the resource to go to for information and help,*

*especially when one is experiencing issues with an aging family member, or when one is trying to age and maintain a healthy lifestyle."*

—  
**ALLEN SASAKI**, above right, past family member and IHA Advisory Council member



*"To me, Keiro provides a sense of trust and integrity. Therefore, whenever any informational seminar is presented I feel at ease knowing they have my best interest in mind. I believe*

*Keiro is extremely vital in order to keep the Japanese American community informed and educated."*

—  
**SHELDON KAWAHARA**, above right, MedCHAT participant

**KEIRO SERVICES DBA KEIRO SENIOR HEALTHCARE**  
**CONSOLIDATED STATEMENTS OF FINANCIAL POSITION**  
**October 31, 2012 and 2011**

<u>ASSETS</u>	<u>2012</u>	<u>2011</u>
<b>Current Assets:</b>		
Cash and cash equivalents	\$ 3,335,525	\$ 3,441,884
Investments (Note 3)	14,975,459	12,458,847
Accounts receivable, less allowance for uncollectible accounts of \$281,848 and \$398,806, respectively	5,388,837	3,702,030
Funds held in trust	82,470	42,181
Other current assets	482,091	1,022,491
Assets whose use is limited under indenture agreement (Note 4)	-	409,463
Contributions receivable (Note 5)	150,000	191,032
<b>Total Current Assets</b>	<u>24,414,382</u>	<u>21,267,928</u>
<b>Long-term Assets:</b>		
Investments (Note 3)	12,324,925	10,852,119
Cost of debt issuance, net	104,954	550,745
Other assets	9,523	9,161
Assets whose use is limited under indenture agreement (Note 4)	-	784,241
Contributions receivable (Note 5)	3,570,942	2,945,819
Property, buildings and equipment, net (Note 6)	25,510,767	25,547,304
<b>Total Long-term Assets</b>	<u>41,521,111</u>	<u>40,689,389</u>
<b>Total Assets</b>	<u>\$ 65,935,493</u>	<u>\$ 61,957,317</u>
<b><u>LIABILITIES AND NET ASSETS</u></b>		
<b>Current Liabilities:</b>		
Accounts payable	\$ 2,157,210	\$ 1,379,190
Accrued expenses	1,710,776	1,549,776
Interest payable	-	32,732
Long-term debt, current portion (Note 8)	598,230	565,000
Funds held in trust	82,470	42,181
<b>Total Current Liabilities</b>	<u>4,548,686</u>	<u>3,568,879</u>
<b>Long-term Liabilities, net of current portion (Note 8)</b>	<u>2,933,926</u>	<u>4,600,000</u>
<b>Total Liabilities</b>	<u>7,482,612</u>	<u>8,168,879</u>
<b>Net Assets:</b>		
Unrestricted	43,412,211	40,036,323
Temporarily restricted (Note 13)	5,104,433	3,816,176
Permanently restricted (Note 13)	9,936,237	9,935,939
<b>Total Net Assets</b>	<u>58,452,881</u>	<u>53,788,438</u>
<b>Total Liabilities and Net Assets</b>	<u>\$ 65,935,493</u>	<u>\$ 61,957,317</u>

The accompanying notes are an integral part of these consolidated financial statements.

The Consolidated Statements of Financial Position and related Consolidated Statement of Activities are excerpts from the audited financial statement for the fiscal year ended October 31, 2012. The financial statements were audited by Vicenti, Lloyd & Stutzman, LLP for October 31, 2012 and received an unqualified opinion. Full financial statements are available upon request through Keiro's Resource Development Department.

## KEIRO SERVICES DBA KEIRO SENIOR HEALTHCARE

### CONSOLIDATED STATEMENTS OF ACTIVITIES For The Years Ended October 31, 2012 and 2011

	2012	2011
<b><u>CHANGES IN UNRESTRICTED NET ASSETS:</u></b>		
<b>Unrestricted operating revenues and other support:</b>		
Patient service revenue, net (Note 9)	\$ 34,117,477	\$ 33,336,752
Rental income	3,198,386	3,105,495
Other support	141,362	55,858
Net assets released from restriction	150,000	-
Total unrestricted operating revenues and other support	37,607,225	36,498,105
<b>Expenses:</b>		
Patient services	16,072,362	15,752,726
General services*	11,812,963	11,623,444
Administrative services**	6,682,723	6,265,832
Fundraising services	464,587	507,439
Interest	155,915	205,401
Depreciation and amortization	2,751,292	2,133,149
Total expenses	37,939,842	36,487,991
Income (loss) from operations	(332,617)	10,114
<b>Non-operating gains (losses) and other changes in net assets:</b>		
Investment income, net	604,664	509,541
Unrealized (gain)/loss on investments	808,738	(103,664)
Contributions	2,309,573	1,961,869
Loss on disposal of property, buildings and equipment	(11,136)	(10,880)
Other transfer out	(3,334)	-
Total non-operating gains, net	3,708,505	2,356,866
<b>Increase in unrestricted net assets</b>	<b>3,375,888</b>	<b>2,366,980</b>
<b><u>CHANGES IN TEMPORARILY RESTRICTED NET ASSETS:</u></b>		
Investment income, net	268,422	324,848
Unrealized (gain)/loss on investments	696,578	(258,327)
Contributions	29,800	50,877
Other transfers	3,334	(6,104)
Change in value of charitable remainder unitrust agreements	440,123	(280,530)
Net assets released from restriction	(150,000)	-
<b>Increase (Decrease) in temporarily restricted net assets</b>	<b>1,288,257</b>	<b>(169,236)</b>
<b><u>CHANGES IN PERMANENTLY RESTRICTED NET ASSETS:</u></b>		
Contributions	14,650	729,214
Other transfers	-	6,104
Write off of permanently restricted pledge receivable	(14,352)	(65,350)
<b>Increase in permanently restricted net assets</b>	<b>298</b>	<b>669,968</b>
Increase in net assets	4,664,443	2,867,712
NET ASSETS, beginning of year	53,788,438	50,920,726
<b>NET ASSETS, end of year</b>	<b>\$ 58,452,881</b>	<b>\$ 53,788,438</b>

The accompanying notes are an integral part of these consolidated financial statements.

\*General Services (for residents and community) includes activities, building maintenance, dietary, education, housekeeping, The Institute for Healthy Aging at Keiro, insurance, laundry, property taxes, and social services.

\*\*Administrative Services includes accounting/business office, administration, human resources, information technology, medical records, and purchasing.

# Our Partners

Donors, supporters, and volunteers help Keiro bring peace-of-mind and resources to transform the well-being of individuals, families, and our community. Your support enables Keiro to adapt and meet the ever-changing needs of our community, generation after generation.

Our deepest appreciation to all who partner with Keiro to enhance the quality of senior life in Our Community!

## Community Partners

(Nov. 1, 2011 – Oct. 31, 2012)

Alzheimer's Association—  
California Southland  
Chapter  
Anaheim Free Methodist  
Church  
Arthritis Foundation  
Centenary United  
Methodist Church  
East San Gabriel Valley  
Japanese Community  
Center  
Greater Los Angeles JACL  
Singles  
Japanese American National  
Museum  
Kaiser Permanente Regional  
Health  
Les Dames  
Long Beach Japanese  
Cultural Center  
Long Beach Pioneer Project  
Los Angeles Nishi Hongwanji  
Buddhist Temple Adult  
Buddhist Association  
Lutheran Church of the  
Resurrection  
Monterey Park Japanese  
American Senior Citizens  
Club  
Nikkei Singles  
Orange Coast Free  
Methodist Church  
Orange Coast Optimist Club  
Orange County Buddhist  
Church  
Orange County Japanese  
American Association  
Orange County Sansei  
Singles  
Partners in Care Foundation  
San Fernando Valley  
Japanese American  
Community Center  
San Gabriel Nikkei Seniors  
Seinan Senior Citizens  
Center  
So-Phis  
Theta Kappa Phi Alumnae  
of UCLA  
Venice Hongwanji Buddhist  
Temple  
Venice Pioneer Project  
Venice-Santa Monica Free  
Methodist Church  
West Los Angeles United  
Methodist Church  
Wintersburg Presbyterian  
Church

## Donors \$1,000+

(individual gifts between  
Nov. 1, 2011–Oct. 31, 2012)

ADS Consulting Group, Inc.  
Aetna  
Aihara Insurance Agency,  
Inc.  
Ajishoku Foods, Inc.  
Kathy R. Akashi  
American Fish & Seafood  
Co.  
Aratani Foundation  
George & Sakaye Aratani  
Joseph & Dianne Belli  
California Bank & Trust -  
Los Angeles Commercial  
Region  
Care To Stay Home  
Ernest & Kiyo Doizaki  
Eagle, Globerman and  
Kodama Foundation  
Donna Ebata  
Edison International  
Employee Contributions  
Campaign  
Employees Charity  
Organization (ECHO)  
Entech Medical Corp.  
Helen Funai Erickson  
Aileen Eto  
FIA Insurance Services Inc.  
Financial Network  
Investment Corporation  
Jeff & Namy Folick  
Joel Friedman  
Samuel R. & Ayako G.  
Fujimoto  
Hiroshi & Misako Fujisaki  
Fukui Mortuary  
Gerald Fukui  
Akio Fukunaga  
Chiyoe Fukushima  
Sharon Furiya  
Gardena Buddhist Church  
Gardena Valley Gardeners  
Association, Inc.  
General Imaging Company,  
Inc.  
Alan Goto  
Tamiko Goto  
Melvin & Judie Goya  
H4 Enterprises, LLC  
Tom & Michiko Haga  
Henry H. Harada  
Harry Tatsuo Iida Survivors  
Trust  
Frances Hashimoto  
Henry & May Hashioka  
Mary Hatate  
Robert & Naomi Hayashi  
Robert & Mayumi Higa  
Ayako Higashi  
Hiji Brothers  
Frank & Betty Hiji  
Jeffrey & Carolyn Hiraishi  
Isaac & Arleen Hirano  
Jim Pollard & Janis R.  
Hirohama  
Thomas & Ayako Hirota  
Hoops For Friends, Inc.  
R. M. Hori  
Jeanette Horii  
Junko Horii  
David Chris Hoshimiya  
Bill & Sumi Hughes  
I & T Produce Co., Inc.  
Hiroko Ifune  
Tsutomu Ige  
Harry & Yosie Iida  
Harry & Eve Ikeda  
John & Lily Ikegami  
IKS American Corporation  
Ken & Akiyo Imoto  
Chris Inouye  
Ito Properties  
James & Lorraine Ito  
Tomio Ito  
Yoko Iwaki  
George & Jane Iwanaga  
Larie Izumo  
Japanese Chamber of  
Commerce Foundation  
Japanese Chamber of  
Commerce of Southern  
California  
Japanese Women's Society  
of Southern California  
Jinon Corporation  
John D. and Catherine T.  
MacArthur Foundation  
Hank & Nancy Kagawa  
Jon & Terri Kagawa  
Akira Kageyama  
Hiroshi & Betty Kageyama  
Kaiser Permanente  
Kendric & Lauri Kajikawa  
Joanne Kajiyama  
Roy & Ruth-Ann Kakuda  
Betsy H. Kamehiro  
Tom & Kay Kamei  
Kamerycah Inc.  
Ethel Kamiyama  
Rose Kaneoka  
Katsu-ya Group Inc.  
Gary & Suzette Kawaguchi  
Jane & Harry Kawahara  
Frank & Sachie Kawana  
Yuji & Ellen Kawana  
Victor Kawasaki  
Frank & Betty Kawashima  
Keiro Retirement Home  
Taylor Kennelly  
Mark & Margaret Kiguchi

The Family of Young Kim  
Hyein Kim  
Karl & Nancy Kim  
King Fish, Inc.  
Ruth Kinoshita  
Takashi & Shinobu Kiriyaama  
Yoshiko Kita  
Shizuko Kitahata  
Kimiko Kitaoka  
Machiyo Kiyama  
Ben Kobashigawa  
Mitchell & Esther Kodama  
Stephen Beck & Claire Koga  
Junko Koike  
Emiko Komai  
Stan Koyanagi  
Kubota Nikkei Mortuary Inc.  
Lisa Kunitake  
Sidney & Hiroko Kunitake  
Ford & Frances Kuramoto  
John Kuramoto  
A. M. & Grace Kurihara  
Howard & Shirley Kurushima  
May Kushida  
Les Dames  
Mitchell & Deena Lew  
Little Tokyo Lions Club  
Robert Lovitt  
Nolan Maehara & Sandra  
Sakamoto  
Takashi & Jane Makinodan  
Timothy & Akiko Manaka  
Timothy & Marion Manaka  
Marsh Risk & Insurance Services  
Kiyoshi Maruyama  
Kyoko Matsuda  
Satoko S. Matsumuro  
Judd & Leslie Matsunaga  
Mary T. Matsuoka  
Vivian Matsushige  
Fumiko Matsushita  
James & Jean Michiuye  
Mikan Properties  
Hitoshi & Ruth Miya  
Dale Miyake  
Shawn & Marijane Miyake  
Lynn Miyamoto & Kevin Kroeker  
Mizuho Corporate Bank of  
California  
Sadao & Ruby Mochidome  
Eiko Mori  
Sui Morimoto  
Walter Morita  
David Mukogawa  
Takako Murashige  
The Mutsumi Sakamoto Trust  
Leland Nakagawa  
Steven Nakamoto  
Steven & Sharon Nakase  
Dwight & Janet Nakata  
Hayato & Tomoko Nakawatase  
Makoto & Lily Nakayama  
Nanka Wakayama Kenjin-Kai  
Keiko, Jake and Luke Napier

Nikkei Widowed Association  
Masayo V. Nishikawa  
Nishisaka Insurance  
Yuriko Nishisaka  
Elaine Nishizu  
John & Trudy Nishizu  
Ujinobu & Yoshino Niwa  
Hiromi Nogami  
Emiko Nogawa  
Sam Nogawa  
Toshi Noma  
Akio & Takako Nomi  
Shirley Nomoto  
Dean & Lynn Noritake  
Nth Insurance Agency, Inc.  
Oda Family Charitable  
Foundation  
Frank Oda  
Richard & Sally Oda  
Mary Odson  
Tsuyoshi & Izumi Ohara  
Barbara Ohno  
Akira & Kazuko Okuda  
Yoko Ono Lennon  
Faith Ono  
Wendy Oshita  
Kihei & Kimiko Otani  
Pacific Commerce Bank  
May Nobuko Heishi Porter  
Mike & Janice Pulici  
Myron Quan & Gay Harada  
Retirement Planning Advisors  
David & Monica Rikimaru  
RMH Resources, Inc.  
Nancy Sagawa  
Taro & Masako Saisho  
David Sakai  
Lloyd & Maxine Sakahihara  
Kiyoshi Sakakura  
Calvin Sakaniwa  
Yoshinobu & Mary Anne  
Sakihara  
Kathleen Sankey  
Allen Sasaki  
Gordon & Joanne Sasaki  
Yoza & Tomie Satoda  
SCAN Health Plan  
Schurr High School  
Joh Sekiguchi  
Sempra Energy  
Senior Foundation Charitable  
Corporation  
Senzaki Family  
Isabel Shibuya  
Fred & Elisabeth Shima  
Mike & Ashley Shinozaki  
Mitz & Nancy Shiozaki  
Robert K. Shirai  
Paul & Kay Shishima  
Silo Insurance & Financial  
Services, LLC  
Sodexo  
So-Phis of Orange County  
Shannon Springs

K. Jim Sugano  
K & R Sugimoto Living Trust  
George & Ruri Sugimoto  
Lisa Sugimoto  
Stephen & Chieko Sugita  
Sushi-Gen  
George & Kaoru Suzuki  
Derick & Yoko Tagawa  
Jun & Shizie Taira  
Shigeo & Megumi Takayama  
Foundation  
Randall & Mari Tamura  
K. Ray & Carol Tanaka  
Bob & Jane Taniguchi  
Marcus & Eisanne Tanimoto  
Tetsu & Kathlene Tanimoto  
Paul & Hisako Terasaki  
Robert & Mandy Terasawa  
Mikio & Margaret Tochioka  
Paul & Pearl Tokuda  
Trico Trading Company, Inc.  
Tru Protection  
Truist  
Stuart & Frances Tsujimoto  
A. Albert Tsukimoto  
Kaori Nara Turner  
UBS Financial Services, Inc.  
Umeya Rice Cake Company  
Union Bank  
United Way of Tri-State  
United Way, Inc.  
Upper Crust Enterprises, Inc.  
Asa & Bernice Wakinaka  
Akira & June Watanabe  
Hideyuki Watanabe  
Ruth Watanabe  
Jennifer Winther & Edward  
Baxter  
Women of St. Mary's Episcopal  
Church  
Frances Yamada  
Kazuaki & Miyoko Yamada  
Katsue Yamaguchi  
Michiko Yamamoto  
Hideko Yamashita  
Norma Jean & Masao  
Yamashita  
Howard & Sumi Yata  
Alice Yokoro  
Atsuko Yomogida  
Tokuji Yoshihashi  
Harry H. Yoshikawa  
Thomas & Cathy Yoshikawa  
Betty & Ben Yumori  
Zuma Trading, Inc.

## Legacy Circle Members

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Jeffrey & Lorraine Dohzen  
Fred & Elsie Dozen  
Chikayo Fujitake  
Frank & Ihoko Fukuhara  
Anonymous  
Louise Hari  
R.M. Hori  
Tsutomu & Helen Ige  
Sumiko Imazu  
Shyun & Sachiko Ishiwa  
Beverly Ito  
J. & K. Ito  
Scott T. Ito  
The Kageyama Family  
Anonymous  
Anonymous  
Karaki Family Trust  
Mary A. Kawanami  
David & Tazuko Kinoshita  
George Komatsu  
Sidney & Hiroko Kunitake  
In memory of Dorothy U.  
Masuda  
Kyoko Matsuda  
Dennis Matsura  
Shawn & Marijane Miyake  
Dixon Miyauchi  
Hiroshi & Harumi Miyazono  
Ryo & Yoko Munekata  
Frank Murata & Nancy Horii  
The Mutsumi Sakamoto Trust  
Anonymous  
Joji & Gladys Nakata  
The Nelson Family  
Ujinobu & Yoshino Niwa  
Yone Nobe  
Frank & Yuriko Nunokawa  
Haruko Ohsuga  
Michiko Otaya  
Janice Makino Pulici  
Ernest & Betty Jane Rivera  
Kiyoshi Sakakura  
Thomas & Ruth Shigekuni  
Winston & Ruth Shigenaga  
Joe T. & Kikue Shikami  
Fred Shima  
Cedrick M. Shimo  
George & Ruri Sugimoto  
George & Kaoru Suzuki  
Jun & Shizie Taira  
Alice Tanahashi  
Lisa Tanahashi  
Bette Uchida  
John & Louise Uyeda  
Yamakawa Family Trust  
The Yamamoto-Fujino Family  
Etsel & Mary Yamasaki  
Sam & Haruko Yamashita  
Yoshiko Sakurai Trust

# Leadership

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Gerald Fukui  
Tom Haga  
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Gary Kawaguchi  
Frank Kawana

Kiyoshi Maruyama, CPA  
Lynn Miyamoto, Esq.  
Makoto Nakayama, PharmD  
George Sugimoto  
Stuart Tsujimoto  
Ruth Watanabe

## Keiro Nursing Home Board of Directors

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Ken Kasamatsu  
Claire Koga, MD  
Joel Minamide  
Dwight Nakata, CPA

Makoto Nakayama, PharmD  
Lisa Sugimoto, EdD  
Jason Yamada, DDS

## Keiro Retirement Home Board of Directors

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Paul Jay Fukushima, Esq.  
Theodore Y. Hanasono, CPA, Esq.  
Karl Kim  
Yoshihiko Koyasu  
Timothy Manaka, Jr.

Stephen Suzuki  
Hayahiko Takase  
Kirk Tanioka  
Stuart Tsujimoto  
Betty Yumori

## Keiro Senior Advisory Council

---

Donald Kaneoka, DDS  
Takashi Makinodan, PhD

James Mitsumori, JD  
Thomas N. Shigekuni, JD

Shawn Miyake  
*President & CEO*

## Management Team

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Dianne Kujubu Belli, *Chief Administrative Officer*  
Howard Hiyoshida, *Administrator of South Bay Keiro Nursing Home*  
Beverly Ito, *Administrator of Keiro Intermediate Care Facility and Chief Compliance Officer*  
Gene Kanamori, *Director of Human Resources*  
Susan Lara, *Assistant Administrator of South Bay Keiro Nursing Home*  
Audrey Lee-Sung, *Director of Resource Development*  
Shawn Miyake, *President and Chief Executive Officer*  
Takeshi Oishi, *Administrator of Keiro Retirement Home*  
Dale Posadas, *Controller*  
Janie Teshima, *Administrator of Keiro Nursing Home*

All listings as of October 31, 2012

# Our Mission

is to enhance the quality of senior life in Our Community.

## Keiro Senior HealthCare encompasses

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### Keiro Nursing Home

2221 Lincoln Park Avenue  
Los Angeles, CA 90031  
(323) 276-5700



### South Bay Keiro Nursing Home

15115 S. Vermont Avenue  
Gardena, CA 90247  
(310) 532-0700



### Keiro Intermediate Care Facility

325 S. Boyle Avenue  
Los Angeles, CA 90033  
(323) 263-9655



### Keiro Retirement Home

Lic. # 191802206  
325 S. Boyle Avenue  
Los Angeles, CA 90033  
(323) 263-9651



### The Institute for Healthy Aging at Keiro

325 S. Boyle Avenue  
Los Angeles, CA 90033  
(323) 980-2350

### Administrative Office

for Keiro Senior HealthCare  
325 S. Boyle Avenue  
Los Angeles, CA 90033  
(323) 980-7555  
Fax: (323) 263-2163

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[www.keiro.org](http://www.keiro.org)

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