



DIABETES IN THE JA COMMUNITY

Learn about the risks of diabetes and what you can do to prevent this disease.



Get answers to the following questions and more:

- Why is diabetes growing in Asian communities?
- What are the risk factors?
- What can I do to prevent diabetes?

FREE EVENT

SPEAKER: Thomas Yoshikawa, M.D.
*Deputy Chief of Staff for Geriatrics, Extended Care and Special Projects,
VA Greater Los Angeles Healthcare System*

WHEN: Saturday, July 16, 2016 | 2:00-3:00 p.m.

WHERE: Gardena Valley Japanese Cultural Institute
1964 W. 162nd St., Gardena, CA 90247

CONTACT: For more information, please contact Kanako Fukuyama
at 213.873.5709 or kfukuyama@keiro.org

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Founded in 1961, Keiro is a not-for-profit organization dedicated to enhancing the quality of senior life in Our Community. Our organization provides resources, tools, and culturally sensitive programs to help older adults age on their own terms and live with dignity, vitality and confidence. We also support caregivers with problem-solving approaches to manage some of their toughest challenges.