

**WHEN:** **Saturday, May 12, 2018**

**WHERE:** **Orange County Buddhist Church**  
909 S. Dale Ave., Anaheim, CA 92804

### SCHEDULE:

9:30 a.m. Registration  
10:00 a.m. Keynote Speaker & Breakout Session 1  
12:00 Noon Hosted Bento Lunch & Resource Fair  
1:20 p.m. Breakout Session 2  
2:00 p.m. Ask the Expert Consultations  
(BY APPOINTMENT ONLY)

### KEYNOTE PRESENTATION:

#### **lyashi Care: A Keiro-Providence Partnership**

*Keiro and Providence Health & Services, Southern California have partnered to bring lyashi Care, the very first palliative care program of its kind in the United States, to the Japanese American and Japanese community. Providing care not only for patients, but also for their families and caregivers, lyashi Care is culturally sensitive and innovative as a medical service to the community.*

**SPEAKER:** Yuichi Edwin Yanami, MD

Associate Medical Director,  
Providence Health & Services, Southern California

**THE CAREGIVER CONFERENCE** is an important component in Keiro's services to support older adults and their caregivers. As we care for the older adults in our lives, Keiro believes it is crucial to ensure that caregivers are not only recognized, but properly equipped to confidently provide the quality of care our older adults deserve.

### HOW TO REGISTER:

**CALL:** 213.873.5708

**EMAIL:** bikemura@keiro.org

**ONLINE:** [www.keiro.org/caregiver-conference](http://www.keiro.org/caregiver-conference)

Space is limited and RSVP is required. Reserve your spot by registering today!

*Free Ask the Expert Consultations with an attorney, pharmacist, or social worker are available by reservation only and will be scheduled on a first-come-first-served basis.*

### BREAKOUT SESSIONS:

With two breakout sessions and five options, you can choose up to two sessions to attend at this Caregiver Conference. Keiro and Orange County Buddhist Church are proud to present five informative workshops that can help you to more effectively provide care for the ones you love.

**A Navigating the Legal Challenges of Aging**  
*Learn how wills, trusts, advance health care directives and other documents can help you plan for the future and protect your loved ones.*  
**SPEAKER:** Jill Kaori Hiraizumi-Artino, Esq. and Peilin Ngo, Esq.  
Attorneys-at-Law, Hiraizumi & Ngo, LLP

**B Managing Caregiver Stress**  
*Caregiving can cause physical and mental stress. Learn how to recognize the signs of stress and how to manage them, so that you can continue to care for your loved one.*  
**SPEAKER:** Nancy Clifton-Hawkins, MPH, MCHES  
Chairperson, Mindfulness Center at OCBC

**C Red Flags that an Older Adult Needs Help**  
*How do you know when an older adult needs help? Learn some of the signs and red flags when an older adult needs some help to remain healthy and independent. This presentation will discuss changes in the body and in the environment that could put an older adult at risk of accidents, injuries, or other negative situations.*  
**SPEAKER:** Angeline Park, MSG  
Health Promotion Representative  
Independence at Home, a SCAN Community Service

**D Hiring In-Home Care**  
*Caregiving is a difficult job, and our loved ones deserve the best care possible. Learn when to consider hiring in-home care for your loved one and how to hire one if you decide to do so.*  
**SPEAKER:** Kevin Onishi  
Program and Innovation Manager, Keiro

**E Communication Challenges and Difficult Behavior in Alzheimer Patients**  
*Learn why persons with Alzheimer's disease behave in the way they do so you can communicate and manage behavioral challenges effectively.*  
**SPEAKER:** Stephanie Brynjolfson  
Member Speaker's Bureau, Alzheimer's Association

